Community Greening and TD Bank plant trees for Delray’s future

By: Joanie Cox-Henry Contributing Writer

The grass just got a lot greener beside New Jerusalem Church of God in Christ in Delray Beach. Community Greening, a Delray Beach-based organization dedicated to planting trees to improve the environment for people and nature, received the TD Tree Days grant for the second year in a row.

On Oct. 16, dozens of Community Greening volunteers as well as local TD Bank employees grabbed shovels and gloves to dig deeper to plant 100 native trees around the retention area in The Set next to the New Jerusalem Church.

“This is our fourth time working with TD Bank,” said Community Greening Co-Founder Mark Cassini. “There were no trees in this area before. This area where we’re planting, The Set, has an 18 percent tree canopy, which is very low. The goal of TD Bank is to increase tree count in low income areas.”

Delray Beach Mayor Shelly Petrolia was pleased to see more trees getting planted in her city.

“Trees really help protect us,” Petrolia said. “TD Bank could’ve gone anywhere to plant these trees and the fact that they chose Delray Beach says a lot.”

Joe Scondotto, vice president of TD Bank in Delray on Southeast Fifth Avenue, was excited to be collaborating with Community Greening again.

“We’re very proud to be a part of the development in the area. We’re building branches throughout the city and it’s great to see these branches growing. We’re very happy to see the trees growing and the people enjoying them,” Scondotto said.

Commission votes down settlement agreement, supports building height limits downtown

By: Marisa Herman Associate Editor

A legal battle over downtown Delray Beach building height may be back in court after plans to settle pending litigation against the city was rejected by a majority of the city commission last month.

In a 2-3 vote, Mayor Shelly Petrolia and Commissioners Bill Bathurst and Ryan Boylston rejected passing a city rule that would settle litigation that two downtown property owners filed against the city for nearly $7 million. Commissioners Shirley Johnson and Adam Frankel supported the settlement agreement.

The argument deals with building height downtown. In 2015, the commission at the time, limited the building height on Atlantic Avenue to three stories or 38 feet from four stories or 54 feet.

The decision to cap building height from Atlantic Avenue between Swinton Avenue east to the Intracoastal Waterway was lauded by residents who felt the downtown was becoming overdeveloped. Many saw the decision as a way to protect the city’s beloved main drag.

But, according to the property owners who filed the suit, Billy Himmelrich and David Ho-
Community Greening and TD Bank plant trees for Delray’s future

Community Greening and TD Bank will plant 900 trees in various cities across America by the end of this year through its TD Tree Days program.

TD Bank will plant 900 trees in various cities across America by the end of this year through its TD Tree Days program.

“This is our 19th tree planting event from Maine to Florida,” said TD Bank Vice President Andre Kahn. “TD Bank prides itself on supporting the communities we serve and this is one way of giving back.”

Church elder Horace Brown, who helped build the church several decades ago, feels the trees will enlighten the grounds of the church. “Beautification of the church and its grounds is important,” Brown said. “Our prayers are being answered everyday. We’re very thankful to have these trees.”

Commission votes down settlement agreement, supports building height limits downtown

Commissioner Johnson said the city needed to make right on its mistake of the improper notice.

Taking the matter to court could potentially place the taxpayers on the hook for the $6.9 million plus attorney's fees if the court sides with the property owners.

About a dozen residents urged commissioners to not settle the suit at the meeting. They asked commissioners to preserve the quaint charm of the downtown and vote the proposed rule change down.

After they prevailed with the vote they asked for, many took to social media to celebrate. They thanked commissioners for siding with the residents.

The court docket has not been updated with any scheduled meetings or hearings as of press time.
Atlantic High School helps 7 year old’s dream come true

By: Joanie Cox-Henry Contributing Writer

Mason Thomas doesn’t let Arthrogryposis Multiplex Congenita get him down. The inspiring 7-year-old crossed into the end zone during half-time at Atlantic High School Football team’s home game against Santalucia High School Oct. 5 to the cheers of players on both teams and the support of the entire stadium.

The ball was handed off by Atlantic high’s quarterback as the rest of the team provided blocks for Thomas during his touchdown play. He was then hoisted into the air and was all smiles as the crowd went wild for his stunning victory.

Thomas’s participation in the game was the brainchild of Atlantic High sophomore Hayze Kingham, who is in the highly competitive International Baccalaureate Programme. For his personal project, which is part of the IB curriculum, Kingham, 15, has been focusing on raising awareness for children with special needs.

Kingham and Thomas originally met through the Miracle League of Palm Beach Country, where Kingham has spent the past three years working with Thomas as his buddy.

“This is a very important for Mason and I think it’s going to be a great experience for him,” Kingham said. “Mason immediately came to mind when it came time to choose a personal project,” Kingham said. “It’s been really rewarding seeing Mason develop. When I first met him, he needed a walker. Now he can bat all by himself. He doesn’t need a walker anymore and his stamina is increasing. I’m so proud of him.”

Kingham, a Delray Beach resident, worked with Atlantic High School Principal Tara Dellegrotti-Ocampo to make his idea of Mason’s touchdown a reality.

“I’m very proud of Hayze,” said Atlantic High School Principal Tara Dellegrotti-Ocampo. “It started out as a project and now it’s become family. Coach Jackson, our team and our staff have totally embraced Mason. Mason is now a part of our family and we all have a better understanding of his condition.”

Thomas’s condition causes him to have a decreased flexibility of his joints.

“When he was born he couldn’t walk and wouldn’t move any of his limbs, just his pinky,” his father, Karl Thomas told WPFTV. “To come from six months old moving just a pinky to being on a football field getting a touch down during halftime is awesome.”

While Thomas’s touchdown could’ve easily happened at football practice, Dellegrotti-Ocampo is in awe of Kingham and all the students who insisted it should happen during a live game.

“It’s very important to always give back and we’re very much about that at Atlantic High School,” Dellegrotti-Ocampo said. “This whole moment was very much student-led. This says a lot about the character of our students here and how they embraced this. All Mason wanted to do was make that touchdown and are thrilled we got to be a part of it.”

Thomas’s experience working with Kingham is being captured for a 15 minute film that Kingham will air in March as part of his personal project showcase.

“Mason will be there,” Kingham said. “Working with him has taught me so much. He has taught me to be accepting of everyone, the true meaning of perseverance and how to keep working toward my own goals.”

Contact Christina Morrison, P.A. – Membership Director

To Join The Voice For Business in Delray Beach
The Greater Delray Beach Chamber of Commerce
Contact Christina Morrison, P.A – Membership Director
561.573.7083 membership@delraybeach.com
Former mayor, Sister Cities president recognized by Japanese Consul General

By: Jan Engoren  Contributing Writer

David Schmidt, past mayor of Delray Beach and current board president of Sister Cities of Delray Beach was honored by the new Japanese Consul General for Florida, Kenji Hirata, for his work with Delray Beach’s sister city, Miyazu, Japan last month.

Schmidt received the award in recognition of his long-term and supportive work maintaining the Sister Cities relationship between Miyazu, Japan and Delray Beach, and his support of the Morikami Museum and Japanese Gardens.

The honor, “The Order of the Rising Sun, Gold and Silver Rays,” is one of the highest ranking civilian honors awarded by the country of Japan, similar to a knighthood in Great Britain.

“It’s a real honor to be recognized by the country of Japan,” Schmidt said. “It’s an honor that flows directly from the Emperor of Japan, Emperor Akihito.”

Schmidt also received a formal letter of congratulations from the US ambassador to Japan, William F. Hagerty, IV, for which he says he was “pleasantly surprised.”

“David Schmidt truly deserves this honor,” said Consul General of Japan for Florida Kenji Hirata. “His dedication to the Sister Cities relationship to Miyazu and his important work to ensure the stability of the Morikami during the recent economic downturn has provided many avenues for both Floridians and people in Japan to learn about our individual cultures and strengthen the friendship between Japan and Florida.”

The Sister Cities Program of Delray Beach was created by the city commission in April 1977 for the purpose of establishing the relationship with Miyazu, Japan, the hometown of George Morikami.

In 1999, the city added a partnership with Moshi, Tanzania, East Africa, and more recently created a sister city relationships with Pesaro, Italy and Aquin, Haiti.

The mission of the Sister Cities program promotes friendship and understanding between the citizens of each city by encouraging cultural, youth, athletic and economic exchanges.

Schmidt served on the Sister Cities board from 1993-2000 and was president from 1995-2000. He returned to the board in 2004 and was president again from 2005 – 2018. This is his last year serving as president.

Additionally, Schmidt served on the board of the Morikami Museum, as secretary from 1985-1994 and then returned to the board in 2004 and served until 2012. He was president of the board from 2008-2012.

The primary program of the sister cities initiative is a high school student exchange program, although Schmidt says he is interested in developing more business relationships.

“The relationship between Delray and Miyazu is important because of globalization,” Schmidt said. “The program gives students the opportunity to be exposed to different cultures and gives them an advantage later on in the business world.”

He mentions a student who is studying international business relations and another that did his medical school rotation in Japan.

“The exchange opens doors to pursue an interest in Japan and to pursue a professional career,” says Schmidt.

Tony Durante runs the student ambassador program as well as the orientation process for students and chaperones them frequently to Japan. He has been traveling to Japan since 2005.

One of the highlights for him has been meeting the relatives of George Morikami who live in Miyazu.

“It has been the most moving experience,” Durante said. “It’s a very human connection.”

“David is the perfect recipient of this honor,” Durante said. “He has done much for the sister cities program, including contributing to a unified and more peaceful world.”

“These young students are our best ambassadors,” he said. “They will shape our future and will create lifelong bonds between our two countries.”

In the future, Schmidt said he hopes to develop business and economic ties with Pesaro, Italy and next year hopes to take a visiting delegation from Delray Beach to Italy.

What will he do with the honor?

“Get it framed and add it to the collection,” he jokes.

Sister Cities is looking for volunteers. Contact David Schmidt at David@simonandschmidt.com.

Project Holiday of Delray Beach seeks donations to send to deployed military members

Staff report

To support deployed members of the U.S. military, the City of Delray Beach is partnering with two local organizations – You Are Not Alone and One Soldier at a Time – on the 13th annual Project Holiday, which collects and ships much needed items to servicemen and servicewomen who aren’t able to come home for the holidays.

You Are Not Alone provides encouragement and emotional support to family members and friends of soldiers, while One Soldier at a Time sends care packages and words of encouragement to deployed military members.

“The U.S. military has more than 1.3 million men and women on active duty, with 450,000 of them stationed in ‘hot spots’ overseas such as Afghanistan, Iraq and Syria,” said organizer Delores Rangel. “The care packages that servicemen and servicewomen receive from Project Holiday makes a huge positive difference in both effectiveness and morale.”

Project Holiday is accepting donated items between Nov. 4 and Dec. 7, and will pack and ship the care packages two days later. Packing will take place at the Delray Beach Community Center, 50 NW 1st Ave.

For a list of items needed and drop off locations visit mydelraybeach.com.
things you need to know this November in Delray Beach

1. The Pineapple Grove chapter of the Southern Handcraft Society will host its 26th annual juried art and craft show “An Olde Fashioned Holiday” at the Old School Square Fieldhouse Nov. 15-17. Local artists and crafters create one-of-a-kind works of art. There are gift and holiday items, limited edition ornaments, jewelry, cards, journals, ornaments, shell art, glass art, hand-painted and turned wood pieces, hand-knit hats, sweaters, and blankets, aprons, purses, quilts, pillows and many other items. Admission is free. Thursday and Friday hours are 9 a.m. to 8 p.m. and Saturday 9 a.m. to 2 p.m.

2. The Naoma Donnelly Haggin Boys & Girls Club of Delray Beach is hosting the inaugural Sports & Spirits event on Nov. 7 at The Seagate Country Club. Proceeds benefit the Delray Beach Boys & Girls Club. The event celebrates the positive impact sports have on Boys & Girls Club members. Guests will have the opportunity to hear insights from sports legends while enjoying an evening of sports talk, games, spirits and gourmet food stations. Coach Don Shula is the honorary chairman and T.J. Jackson in the local honoree. A VIP cocktail hour begins at 6 with dinner at 7:30 p.m. VIP tickets are $200 and general admission $150. For event information, visit www.bgcpbc.org.

3. On Nov. 16, Maria Nhambu will make her third book signing appearance at the Spady Museum, with the last of her Dancing Soul series, “Dream Beats, Heart Beats.” The book follows Nhambu as she transverses diverse cultures and continents, negotiating a complex and shifting web of mixed identities – African immigrant and African American – through marriage, parenthood and a search for her father. Nhambu was born in Tanzania and raised in an orphanage for biracial children. Nhambu’s book signing is free and open to the public from 6-8 p.m.

4. Delray Beach has been selected by travel website Expedia as one of the best honeymoon destinations in America. Expedia rated this list using ranking criteria based on adventures available, picture-perfect scenery, swoon-worthy vibes and affordability.

5. Hear Mona Morris, genealogy investigator speak on “From Bialystok to Boca” on Nov. 11 at 3 p.m. at Temple Sinai. Morris is a member of the Association of professional genealogists, founder and President Emerita of The Jewish Genealogical Society of Palm Beach and author of Scattered Seeds: A Guide to Jewish Genealogy. The lecture costs $8 for non-members and $5 for members.

6. Nationally syndicated conservative radio talk show host and writer Dennis Prager will speak on “Why I Believe The Torah Is From God” on Nov. 10 from 7:30 to 10 p.m. at Anshei Emuna Congregation, 16189 Jog Road. His three-hour, daily radio show is heard throughout the United States on 200 radio stations and around the world on the internet. The event costs $18 per person. RSVP at https://www.ansheiemuana.org/event/dennis-prager.html

7. The Best of Times... Senior Expo returns on Nov. 20 from 9:30 a.m. to 2 p.m. at the South County Civic Center in Delray. The event is free and open to the public. It features 85 exhibitors with senior products and services. For more information, call 754-246-2874.

8. The 32nd Annual Delray Beach Turkey Trot 5k Run & Walk will take place on Nov. 17 at 7:30 a.m. at Anchor Park. The race runs along A1A. All participants will receive a custom Delray Beach Turkey Trot finisher medal and commemorative T-shirt.

9. Delray Beach is a Welcoming City. That means the city celebrates its cultural diversity and acknowledges the positive contributions of foreign born residents. In designating itself as a Welcoming City, the city promotes use of its services by all of its residents who are eligible to receive them. Individuals should know that they may seek assistance of city agencies regardless of race, color, gender and ethnicity, religion, sexual orientation, age, sexual identity or socio-economic status. The city will also participate in annual conference calls with other welcoming cities.

10. Head to Pride and Prosecco at the Delray Beach Library on Nov. 1. The girls night out event is a fundraiser for the library with cocktails, dinner by the bite and shopping. Tickets cost $65. Visit https://www.delraylibrary.org/prideandprosecco.
For over 30 years Rotary Clubs around Delray Beach. This year, the club gave out donated dictionaries to third grade students at S.D. Spady Elementary School. We are native Floridians, my husband and I. We love the water and we love to fish. I am thrilled to be here. Florida is my home and I have a great love for the state.

What are you most looking forward to in your new role?
I am excited to be at Delray Medical Center. It is a privilege to be here. I have been very impressed with the level of care we provide this community. My goal is to continue to develop our programs and add new services and improve and expand the level of care we provide.

What are the top 3 priorities for you and Delray Medical Center?
1. Over my first 100 days, my goal is to meet people, build relationships and understand the lay of the land.
2. Service is one area that we can focus on and how we can improve our service.
3. And I want to develop a near term and long term plan. We want to expand on our reputation of excellence, what does that look like in a year and in 5 years?

You majored in English. How did you wind up in hospital upper management?
I majored in English and Humanities. I executed a $140 million capital plan that included a children’s hospital and the implementation of Epic. In 2016, Becker’s Hospital Review named me one of its “135 Nonprofit Hospital and Health System CEOs to Know,” as well as one of “130 Women Hospital and Health System Leaders to Know.”

I am a graduate of Florida State University with a Bachelor’s Degree in English Literature. I then received my Masters of Business Administration from St. Leo University.
I have a husband, two children a 14-year-old son, Ryan, a 12-year-old daughter Bailey, a 1-year old Wheaton Terrier, Cooper and a bunny.

I am very impressed with the level of care we provide this community. My goal is to have accountability to me. We will partner together to build a care delivery network that is second to none. I am really glad that I did. I am excited to get up and go to work every day.

The Age of Enlightenment at the Spady Museum
Experience the Harlem Renaissance
Oct. 2 – Nov. 3 2018

Langston Hughes Comes Alive
Nov 2 2018

One-man play: Soul of Langston: 6-8 p.m.
$15 in advance, $20 at the door. Limited Seating!

See the Harlem Renaissance with the technology of today in an interactive exhibit, incorporating 3D and virtual reality.

Spady Cultural Heritage Museum | 170 NW 5th Avenue, Delray Beach | 561-279-8883 | www.spadymuseum.com

5 QUESTIONS WITH

1. Tell us a little bit about yourself and your background.
I come to Delray Medical Center from University School of Medicine, to improve the reputation of excellence, what does that look like in a year and in 5 years?

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5. You are also the new Palm Beach Group CEO for Tenet Healthcare. What does that mean?
We have five acute facilities and other urgent cares and surgery centers. My goal is to help us act more cohesively as a network of care. Share best practices and improve our approach to services and become more efficient. Take the great work that is done at all these different sites and have us work as a comprehensive network. All the hospitals have CEOs and they all have accountability to me. We will partner together to build a care delivery network that is second to none.
Boca’s The Von injects positivity into rock and roll

By: Marisa Herman  Associate Editor

Sex, drugs and rock and roll may have been the motto of decades past. Now, Boca Raton-based The Von is injecting positive vibes into their rock and roll jams.

The group is comprised of Marek Schneider and Luis Bonilla, musicians who met through a mutual acquaintance backstage at a show in Miami in 2010, and drummer Elisa Seda.

The Von was founded by Schneider and Bonilla, two practicing yogis and professional musicians, several years ago. Seda joined the boys in 2015 just after the debut album released.

After meeting through a mutual friend, lead vocalist and bassist Bonilla said guitarist Schneider showed up at his house with a bottle of wine and they began to jam.

“Our foundation has always been rock music,” Bonilla said. “We write about life experiences, love, longing and self-empowerment.”

So while the instruments are definitely producing rock sounds, the lyrics are not all about the stereotypical life of a rock star, according to the band.

“We are focused on the music and creating positive things around us,” Bonilla said.

Their newest album “F4tune” features single “Just Three Words,” which Bonilla said is about his daughter. The song talks about the words I love you without mentioning them.

Bonilla designed the album, which features a jaguar and cosmic symbols. A symbol in the jaguar formed by cosmic-like dots is representative of a tribe in Peru that Schneider spent time with. The No. 4 in the name stands for the group’s fourth album and of course F4tune is short for fortune.

The group said they like to put who they are into their music. The name The Von was decided upon because the group said it is simple and sounded good.

“It could be anything,” Bonilla said.

They wanted the listener to just listen to find out what The Von experience is without any preconceived ideas.

For the newest album, the band worked with mix engineer, Dale Penner, who worked with Nickelback, and mastering engineer at Abby Road Studios, Sean Magee, who worked with The Beatles, Remasters and Sex pistols.

The group just returned from a summer European tour.

It was a dream come true for Bonilla who said he wanted to visit Europe, but not as a tourist but as a musician. It was a trip back home for Schneider, who is originally from the Czech Republic.

Their shows often feature glow-in-the-dark elements and glowing instruments.

They record their music out of a Boca Raton warehouse bay with a complete recording studio inside. It is there where they invite local high schoolers in for a chance to learn more about music.

They teach students about sound, what it is and how it works, how to mix music and what goes into making a song.

“It goes hand in hand with who we are,” Bonilla said.

Giving back is part of what the group wants The Von to be about. The group released their single “Sacred Water” last year in support of the global conservation efforts done by nonprofit organizations, The Sacred Water Tribe and The Nature Conservation.

The musicians got into music in their youth. For Bonilla, it was the Queen album “The Game” that his brother received as a gift that inspired him.

“I thought it was the most fantastic thing ever,” he said. “I listened to it until it melted.”

It was the Beatles who inspired Schneider. When his parents finally bought him a guitar, all he and his friends wanted to do was mimic the Beatles.

And Seda too discovered music early on and performed with musicians like DMC of Run DMC.

The timing of how Bonilla and Schneider met is spiritual and meaningful for Bonilla. He said his music career was in limbo until he met Schneider. That is because the group he was in previously with his brother came to an end when his brother died in a car accident.

The group he formed with his brother Ricardo “Diestra” was successful. The first album won McDonald’s “Lo Maximo De La Musica Latina” (Best of Latin Music) contest, a nationwide talent search for new artists and songwriters. This brought exposure to the group; which followed many other opportunities including a performance during the 2001 opening Latin Grammy party, a commercial for McDonald’s and TV appearances on major Hispanic television networks in the United States. Eventually their success was followed by concerts and performances in North America and South America. Immediately after the release of their second album, his brother died.

Now, The Von is looking to book more shows in the United States. Their goal is to become a globally touring band.

“We believe in our dream,” Bonilla said.

For more information visit www.TheVonU.com.
**TOP 10**

**Don’t miss events**

1. Connected Warriors is hosting its “Stars of Honor” Gala on Nov. 10 from 6-10 p.m. at the Boca Raton Marriott. The event honors Jay Weinberg. The salute to the troops will be emceed by Jim Squadrito, Vietnam medic and author of “Dance of the Chameleon.” Visit connectedwarriors.org for ticket information. Connected Warriors offers service members, veterans and their families trauma-conscious yoga.

2. The 29th annual Chris Evert/Raymond James Pro-Celebrity Tennis Classic fundraiser will return from Nov. 9-11. Evert will be joined at the event by a lineup of former tennis pros and sports entertainment celebrities including Chris Noth, January Jones, Seal, Jon Lovitz, David Cook, Carson Kressley, and others. The Friday morning Pro-Am, Friday evening cocktail party and Saturday evening Gala are held at the Boca Resort & Club, while two Pro-Celebrity tennis matches are on Saturday and Sunday at the Delray Beach Tennis Center.

3. The fourth annual Boca Raton Mayors Ball presented by Rotary Club Downtown Boca will return on Nov. 17 at the Royal Palm Yacht Club.

4. Head to Mizner Park Amphitheater on Nov. 3 and 4 for HotWorks.org’s 10th Boca Raton Fine Art Show. Hot Works shows are juried by art professionals with criteria for judging based on originality, technique, execution and booth appearance. The event is open both days from 10 a.m. to 5 p.m. For more information, visit hotworks.org.

5. Family Promise of South Palm Beach County is holding its annual fundraising event “Friends of the Family” on Nov. 15 from 6 to 9 p.m. at The Addison. The night will feature cocktail hour and a three-course meal. Family Promise’s mission is to empower situationally homeless families in making their transition to sustainable independence. Each year they help about 15 families get back on their feet again from living in their car, sleeping on the street or couch surfing.

6. The Annie Moses Band, a Nashville-based Folk group, is stopping at Old School Square on Nov. 17 at 8 p.m. Annie Moses Band is a family group that is Emmy Award-winning, has charted the top of Billboard multiple times and has wowed PBS audiences with their specials American Rhapsody and The Art of the Love Song. They’ve played at Carnegie Hall and are a regular presence at The Grand Ole Opry. Tickets available at www.anniemosesband.com.

7. The 5th Annual LagoonFest will return on Nov. 3 from 9 a.m. to 2 p.m. on South Flagler Drive in downtown West Palm Beach. Admission is free for this family friendly event.

8. Classic Albums Live is performing Led Zeppelin: II at Old School Square’s Pavilion on Nov. 10 at 8 p.m. Tickets are: $75 for VIP with an exclusive lounge area, three drink tickets, reserved seating area (limit of 150), $40 for premium with reserved seating area, chairs are provided (limit of 100) and $20 General Admission where you can bring a chair, no seating provided (limited chair rental for $5).

9. The Junior League of Boca Raton is hosting the 31st Annual Woman Volunteer of the Year Luncheon on Nov. 16 at the Boca Resort. This year, the featured fashion designer for the Fall Trends runway show produced by Saks Fifth Avenue is Tanya Taylor. The luncheon will honor 50 women who are making a difference for local nonprofits and the community.

10. Festival of the Arts BOCA and PNC Arts Alive will present two free performances of “Tough Turkey in the Big City: A Feathered Tale,” on Nov. 17 at 11 a.m. and 1 p.m. at the Mizner Park Cultural Arts Center. Each performance will be followed by an instrument petting zoo. Light snacks and drinks will be provided. Reserve tickets at www.festivalboca.org/events/. A school performance will be held on Nov. 14 at Plumosa School for the Arts. This performance will be streamed live to elementary schools throughout the school district.
Thanksgiving Take Out Dinner

- Slow Roasted Tom Turkey 24 to 26 lbs. (Feeds 12-14)
- Cornbread Stuffing
- Ellie's Mashed Potatoes
- Homemade Giblet Gravy
- Green Bean Casserole with Crispy Fried Onions
- Cranberry Relish
- Rolls with Butter
- Apple Pie and Pumpkin Pie

- $190.00 Inclusive Cash or check
- Pick-up Thanksgiving Day between 9 am & noon
- *Must pre-pay 7 days in advance

November Calendar

Arts Garage

Robbie Elias
Nov. 2
8-10 p.m.
General Admission $35 | Reserved $40 | Premium $45
Through the span of his career Grammy and Latin Grammy winning singer/songwriter Robbie Elias has been conquering the Latin pop world writing songs and singing background vocals for the likes of Ricky Martin, Marc Anthony and Alejandro Sanz.

Nestor Torres
Nov. 3
8-10 p.m.
General Admission $35 | Reserved $40 | Premium $45
Born in Mayaguez, Puerto Rico, Nestor Torres moved to New York City, where he pursued Classical flute studies at Mannes School of Music, Jazz at Berklee College of Music and Classical and Jazz at New England Conservatory of Music in Boston.

Trey Wanvig
Nov. 3
7-9 p.m.
General Admission $15 | Reserved $20 | Premium $25
Trey Wanvig is a 16-year-old blues rock guitarist and vocalist from Sarasota, Florida. In October of 2017, he won the Southwest Florida Regional Blues Challenge which allowed him to travel to Memphis and perform in the Youth Showcase for the 2018 IBCs.

Josh Hoyer and Soul Colossal
Nov. 9
8-10 p.m.
General Admission $35 | Reserved $40 | Premium $45
Josh Hoyer & Soul Colossal's combination of soul, funk, and R&B, is in a word, electric. The band continuously crosses musical boundaries both in style and era and joins forces each show with a common goal- to have the crowd dancing so much they forget even their smallest troubles.

Frank Vignola's Jot Jazz Guitar Trio
Nov. 10
8-10 p.m.
General Admission $35 | Reserved $40 | Premium $45
Frank Vignola Hot Jazz Guitar Trio featuring Vinny Raniolo and Gary Mazzaroppi are some of the most extraordinary guitarists performing before the public today. Hear a wide repertoire of unique fresh arrangements as this astounding trio covers works from Beethoven, Bach to Paul Simon and Frank Zappa as only they can!

Martin Bejerano Trio
Nov. 11
7-9 p.m.
General Admission $35 | Reserved $40 | Premium $45
Martin Bejerano has been active as a professional musician from the age of 15. A world-class jazz pianist and composer, Martin has been a member of Grammy Lifetime Achievement Award winner Roy Hayne's quartet for fifteen years.

Judy Carmichael
Nov. 16
8-10 p.m.
General Admission $35 | Reserved $40 | Premium $45
Grammy-nominated pianist, vocalist, songwriter, Judy Carmichael will celebrate the music of Peggy Lee, Hoagy Carmichael, the Gershwins and others, with an evening of gems from the Great American Songbook, as well as her own witty compositions.

Bobby Ramirez
Nov. 17
8-10 p.m.
General Admission $35 | Reserved $40 | Premium $45
Virtuoso musician Bobby Ramirez & his band perform Cuban music for dancing feet celebrating the music of Celia Cruz, Benny More, Miguel Matamoros, Arsenio Rodriguez, Manuel Saumell, Ignacio Cervantes, Miguel Failde, Jose Fajardo, and other Cuban legends.

The Wolfepak Band
Nov. 18
7-9 p.m.

Ellie's Catering

2018-19 Dinner and a Show in Ellie's Flamingo Room

Dec 14th - Dean Richards
NYE - Frank Sinatra
Jan 11th - Neil Zirconia
Jan 25th - Box On Polka Band and Polish Buffet
Feb 1st - The Beatles Tribute
Valentine's Day - Elvis
March 7th - Neil Zirconia

*All shows include buffet dinner, dessert, coffee and a cash bar

Reservations Required 561-276-7716
*Call for prices and times
2410 N Federal Hwy. Delray Beach, 33483

*Must pre-pay 7 days in advance
The Wolfepak Band returns to Arts Garage with an action-packed performance featuring Grammy-winning and Hall of Fame song selections.

Lauren Mitchell
Nov. 23
8-10 p.m.

General Admission $25 | Reserved $30 | Premium $45

Through a bold mix of her original material, songs she hand-picked from the repertoires of her friends, and select covers of tunes first performed by Etta James, Betty Lavette, Diana Ross, Aretha Franklin and Betty Davis, Mitchell tells a blues story that’s been a lifetime in the making.

The Five Boroughs
Nov. 24
8-10 p.m.

General Admission $35 | Reserved $40 | Premium $45

Formed in 1986 in South Florida by singer Frank Lovino to carry on the tradition of the harmony vocal groups of the 1950s and 1960s. The Five Boroughs originally consisted of several transplanted New Yorkers, many of whom were longtime veterans of the doo-wop circuit.

Spencer and Sequoia: Live in Florida
Nov. 25
7-9 p.m.

General Admission $25 | Reserved $30 | Premium $45

Spencer and Sequoia are a husband and wife duo touring the East Coast, wowing audiences with their unique blend of Pop, Folk, Jazz and RnB.

Mike Cady Experience
Nov. 30
8-10 p.m.

General Admission $35 | Reserved $40 | Premium $45

The Mike Cady Experience with Joe Donato Jaul Schneider, Don Wilner, and Leny Seinberg are set to debut at Arts Garage on November 30th. Cady dazzles his audience with his ability to go from the jazz stylings of Eddie Jefferson to lead singer in Teddy Harris Jr’s Bebop Society Jazz Orchestra.

The Cosmic Perspective

Dr. Neil deGrasse Tyson
The Broward Center Presents

JANUARY 22
Florida Atlantic University

Carole and Barry Kaye Auditorium @ FAU Campus Boca Raton
TICKETS at ticketmaster.com or 866.730.1006
STUDENT TICKETS AVAILABLE

The Five Boroughs

Garden of Lights: A Winter Holiday Event at Mounts

Nov. 24-Dec. 30
Daily 5:30-8:30 p.m.
Mounts will be all a-twinkle in the evenings during the holiday season with thousands of holiday lights hanging from the trees, illuminating the walkways and landmark structures, with colorful LED trees and glowing light-balls, all along an easy-to-follow route throughout 15 different garden areas.

$10 per person; $5 for children 5 to 12

Holiday Nosh ‘n’ Shop at Temple Sinai

Sunday, Nov. 4
10 a.m. to 2 p.m.
2475 W. Atlantic Ave.

Shop select vendors with beautiful unusual jewelry, accessories, essential oils, household items, toys, Judaica and more! For gifting or treat yourself. Free admission, prize drawings, bagels and coffee available.

Sol Theatre

The 25th Annual Putnam County Spelling Bee
Now–Nov. 4
Friday & Saturday at 7:00 pm
Saturday and Sunday at 2 pm
Tickets: $20 / $15 juniors (11 and under)
Tickets www.solchildren.org, or by phone at 561-447-8829.

Seminole Casino Coconut Creek

Thelma Houston’s Motown Experience, featuring a tribute to Aretha Franklin
Nov. 16
8 p.m.

The Pavilion at Seminole Casino Coconut Creek
Tickets $25-$100

Seminole Casino Coconut Creek will donate all cash ticket and concession sales to the Pancreatic Cancer Action Network. It will be part of the property’s extensive support of Pancreatic Cancer Awareness Month. Houston will perform a medley of Franklin’s songs in the wake of her passing away from pancreatic cancer.

Michael McDonald and the Season of Peace, Holiday & Hits Tour
Nov. 24
JFS CARES
Our Kids Know About Drugs, Do We?
STIGMA, SHAME AND THE FAMILY—How Can We Help?
Nov. 12
6-8 p.m.
Shirley and Barton Weisman Delray Community Center 7091 West Atlantic Avenue.
Presented by Dr. Heather Howard, MSW, Ph.D., LICSW.
Asst. Professor at the FAU Phyllis and Harvey Sandler School of Social Work.

Old School Square
Greenlane Free Friday Concerts
7:30 at Pavilion
Nov. 2 - Joe Cotton Band – Classic Rock
Nov. 9 - Titans of Rock – Journey/Bon Jovi Tribute
Nov. 16- Joey Tenuto Band – Blues, Funk, Reggae, Rock
Nov. 23- Uproot Hootenanny - Bluegrass
Nov. 30- Forever Eric – Eric Clapton Tribute

America’s Top Dog Models

8 p.m.
The Pavilion
Tickets: $50/$65/$80

UNITY: The Latin Tribute to Michael Jackson with Tony Succar
Nov. 3
8 p.m.
Pavilion
$75 (VIP includes exclusive lounge, 3 drink tickets, reserved seating); $40 (Premium includes reserved seating area); $20 (General Admission, bring a chair)
The passion project of Peruvian-born, Miami-raised producer/multi-instrumentalist/arranger Tony Succar is a true testament to the power of music and one man’s indomitable spirit. Marrying Jackson’s timeless pop and R&B tunes, such as “Thriller,” “Billie Jean,” and “I Want You Back,” Succar’s glorious salsa and tropical rhythms create an innovative production full of vibrant arrangements and exhilarating energy.

Fall Art on the Square 2018
Nov. 10-11
Cornell Art Museum Front Lawn
Saturday, 10 a.m.-5 p.m.; Sunday, 10 a.m.-4 p.m.; Free Admission
Special $5 Admission to Cornell Art Museum
The Cornell Art Museum presents an outdoor, juried fine art show featuring fine artists in all media by 80 artists from around the country. The front lawn of the Cornell Art Museum will be transformed into an exciting outdoor gallery with live music and Hospitality Lounge.

Andrew Dice Clay: The Filthy Tour presented by Johnny Quest
Nov. 16
Crest Theatre
Friday, 7:30 p.m. & 10 p.m.; tickets $78-$115
ANDREW DICE CLAY brings “The Filthy Truth Tour” to Crest Theater at Old School Square in Delray Beach for ONE NIGHT ONLY! Dice is proud to be one of America’s most controversial and outrageous comics in history.
By: Heather McMechan  Special to the Boca and Delray newspapers

When everyone is wearing scarves and hats up north, we are still wearing shorts, sun-dresses and sunscreen. It’s just the South Florida way.

With no real season other than the snowbirds visiting, we need something to help us get in the holiday mood even when it’s 90 degrees outside.

I’ve got the local mom scoop on some holiday activities that I’m sure will have you and your family ready for the holiday season.

Attend a tree lighting
Kick-off the Holiday season at the Boca Raton Annual Holiday Tree Lighting Ceremony held at Mizner Park Amphitheater! The event will include free carnival rides; an artificial ice rink, Bouncy, the World’s Largest Snowman, a bounce house standing 30 feet tall; Santa’s Circus variety show; Carolers; stilt walkers, aerial performances, letters to Santa station, photos with Santa ($5 each); carnival food for purchase, and more! Admission is FREE. For more information, call 561-367-7073.

Lighting of the Famous 100 Foot Christmas Tree in Delray Beach happens on Nov. 29. The festivities begin at 5 p.m. A month long celebration kicks off with Santa lighting the famous 100ft Christmas Tree at 7:15 p.m. Directly following the Tree Lighting Santa will be available for photos! Enjoy ice-skating, Putt’n Around Mini Golf & Carousel and much more! Event is free, activities for a nominal fee! Old School Square Park. For all of the holiday events, visit: https://100ftchristmastree.com/

Make getting your Christmas tree a family tradition
Get your tree at Tree Town. Their locations range from Jupiter, Stuart/Jensen Beach, Boynton Beach, West Palm Beach, and Wellington. The lots are open for business starting Nov. 21st when the first shipment of trees arrives. They are open from 9 a.m. - 9 p.m., seven days a week! Make time for a few family photos as they always have little activities or festive photo ops. For more information call 561-697-9377.

See the lights
Hoffman’s Chocolates Winter Wonderland is back from Nov. 17 – Dec. 30. Dress up in your best Holiday outfits and explore the Winter Wonderland featuring more than 125,000 LED lights, captivating holiday displays, a giant Christmas tree, live entertainment, and photo opportunities with Santa and Mrs. Claus. Winter Wonderland will be open nightly, from 6 p.m. - 10 p.m. and is FREE to the public. (closed Thanksgiving Day, Christmas Eve & Christmas Day)

The Boynton Beach CRA & the City of Delray Beach present the 47th Annual Boynton Beach - Delray Beach Holiday Boat Parade on Dec. 14 at 6 p.m. This flotilla of brightly-decorated boats will line up at the Lantana Bridge near Old Key Lime House and motor south along the Intracoastal Waterway to the C-15 canal in Delray. The event at the Boynton Harbor Marina starts at 6 p.m. with live music setting the stage for the parade to start at 6:30 p.m. Other viewing areas are located at Intracoastal Park and along the parade route. Please bring a new, unwrapped toy for Toys for Tots. For more information: Boynton Beach 561-600-9097 or go to CatchBoynton.com or the City of Delray at 561-243-7250 or go to MyDelrayBeach.com

The 41st Boca Raton Holiday Boat Parade is the perfect way to cool off in the South Florida holiday heat. On Saturday, Dec. 16 the boats will “Light Up Boca!” from 6:30 pm – 8:00 pm at the Intracoastal Waterway starting at the C-15 canal (Boca Raton-Delray Beach city limits) traveling south to Hillsboro Bridge. For more information call 561-367-7076.
UPCOMING SHOWS

JOEL MCHALE
NOVEMBER 9

THELMA HOUSTON’S MOTOWN EXPERIENCE
FEATURING A TRIBUTE TO ARETHA FRANKLIN
NOVEMBER 16

MICHAEL MCDONALD
SEASON OF PEACE, HOLIDAY & HITS
NOVEMBER 24

GRAND FUNK RAILROAD
DECEMBER 14

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casinococo.com

While Supplies Last. Must be 21 or older to participate. See Player’s Club for complete details. Management reserves all rights.
Persons who have been trespassed or banned by the Seminole Tribe of Florida or those who have opted into the self-exclusion program are not eligible. If you or someone you know has a gambling problem, please call 1.888.ADMIT.IT.
CALLING ALL CAPTAINS
All Boats are invited to attend
No entry fee!

Holiday Boat Parade
December 14th, 6:30 PM
Boynton Beach • Delray Beach

Sign up at catchboynton.com
Email Hussaina@BBFL.US for more information
Delray Beach Playhouse offers community theatre, cabaret, concerts

By: Marisa Herman Associate Editor

For 72 years, the Delray Beach Playhouse has entertained locals with theatrical performances.

Now, you can also catch a concert or cabaret show with new offerings this season.

Executive Director Kevin Barrett is building on the theatre's offerings by adding shows like the Artists Lounge Live series and cabaret acts in the smaller black box theatre.

The Playhouse, a community theatre, puts on more than 200 shows and performances a year. A community theatre means actors are volunteers and don't get paid for their performances.

This season, the line up for the community theatre opened last month with "Agatha Christie's A Murder is Announced" and will continue this month with the "1940's Radio Hour," which opens on Nov. 30.

The intimate theatre holds 238 patrons, so Barrett is working to utilize the black box theater, which holds 140 guests with additional programming.

In the black box, he is bringing back a successful cabaret series that began last year as well as Michael Ingersoll's Artists Lounge Live. These performances feature paid actors and singers.

For the cabaret series, there are four performers scheduled: Jeff Harner from Jan 4-5, Jenene Caramielo on Jan 19, Judy Carmichael from April 12-13 and Gabrielle Stravelli from April 26-27.

The Artists Lounge Live program will bring Broadway stars to the Delray Beach Playhouse. The series was formed by Ingersoll of Jersey Boys. Barrett said he gathered his friends and asked them to perform in between their commitments to other shows.

Of the 16 different options for shows, three will head to the Playhouse. The first one, “Breaking up is Hard to Do,” where John Michael Dias sang Neil Sedaka, took place last month.

Still to come are: “Unforgettable Nat King Cole Christmas” starring Evan Tyrone Martin from Dec. 27-28 and “Elvis May Way” starring Brandon Bennett from Chicago's Million Dollar Quartet from Feb. 22-24.

Part of the expansion in programming is to reach a wider audience, Barrett said.

He came to the Playhouse two years ago after 17 years at the Coral Springs Center for the Arts. When he saw the position open, he knew it was a place he wanted to help put his mark on.

He helped bring the Playhouse into modern times by revamping the website and launching online ticket sales.

From there, he has been enhancing marketing on social media and broadening programming to attract new patrons of a younger age.

Last year, he brought “Men are from Mars, Women are from Venus” and said it sold out months before it opened. So did the cabaret series.

“There is a hunger for date night, younger types of shows,” he said. “We are looking for more of that.”

He said the board will be launching a fundraising campaign soon to help replace seats, the roof and cover the outdoor patio so it can be used year round. Ultimately, the goal is host a gala-like event by 2020. The Playhouse is entirely self-funded and does not receive any help from the city or city agencies. It is also the only venue showcasing theatre.

The Playhouse will celebrate its 75th anniversary in 2021.

Luxuriate… just steps from the beach.
Crane’s Beach House is a personal, boutique get-away for hometown and out-of-town guests seeking coastal comfort in a lush & verdant setting.
Winter is Coming... Spend It with Us!

THE 1940's RADIO HOUR
A Play with Music by Walton Jones
Take a sentimental journey back to December of 1942, featuring songs like “I’ll Never Smile Again,” “I’ll Be Seeing You,” “Have Yourself A Merry Little Christmas” & more!

NOV 30 - DEC 16

EVERYTHING'S COMING UP
GYPSY!
The Birth of a Classic American Musical
An exploration of the Broadway phenomenon still regarded as the best American Musical ever written—featuring songs like “Everything’s Coming Up Roses,” “Let Me Entertain You,” “Small World,” “Rose’s Turn” & more!

DEC 10 - 20

MICHAEL INGERSOLL'S ARTISTS LOUNGE LIVE

An Unforgettable
NAT KING COLE CHRISTMAS
STARRING
Evan Tyrone Martin
DEC 27 - 28

ELVIS My Way
Starring Brandon Bennett
From Chicago's Million Dollar Quartet
FEB 22 - 24

SIMPLY... STREISAND
...The Next Best Thing to Seeing Streisand Herself
DEC 29 - 30

Peggy Lee & Friends
Starring Jill and Rich Switzer from Legends
100.3 FM with full-five piece band!
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DEC 31

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Peaceful Mind Peaceful Life with Barb Schmidt

By: Diane Feen Contributing Writer

No one understands the pitfalls and purity of life better than Barb Schmidt. As the founder of “Peaceful Mind Peaceful Life” she is part sage, part cheerleader and a significant spiritual teacher.

She doesn't live in a Buddhist Monastery like her mentors, the Dalai Lama and Thích Nhất Hạnh, she resides in tory Boca Raton. But her path has been strewn with obstacles and challenges like most people. The difference between Schmidt and most of us is that she has taken the human condition and examined it under a microscope to find a cure.

What does she cure? Ailments like sadness, confusion, alienation, doubt and a host of other common maladies that come with being a part of the human family.

We all come from different families, but we are more alike than different. Most of us suffer from similar quandaries like self-doubt, occasional anxiety and bouts of, “Am I doing what I am supposed to” or “Why is my life not making me happy?”

The answer to these questions is the eternal quest for peace and happiness – something that is as elusive as a grain of sand hitting the pavement.

That is why Schmidt has spent the last 34 years on a journey to find peace and happiness – self-possession and understanding. So far, she has succeeded beautifully in imbuing the wealth of knowledge that her teachers (Depok Chopra, Marianne Williamson, Scott Peck, The Dalai Lama and others) have tossed her way.

She has also lovingly taken that knowledge and used it to enlighten others with her wisdom, compassion and spiritual savvy.

“I just came from a retreat with Elizabeth Gilbert and Cheryl Strayed and they talked about gaining clarity in your life. When you are unclear you waste time being caught up in the rat race of life.”

To help save us from the rat race of existence Schmidt started a non-profit organization (Peaceful Mind Peaceful Life), written a best-selling spiritual book (The Practice) taught meditation classes and workshops, and is currently offering a Peaceful Mind Peaceful Life Wellness Series at Boca Raton Regional Hospital.

The first one in the series: “Shift Your Life: Planning and Making Changes” was a wake-up call to live joyfully by way of meditation and conscious living. “You are the only one who truly knows what is right for you. Other people’s opinions have their own energies – stay in alignment with your own truth.”

At each moment of the evening wise sayings were tossed from the stage by Schmidt as though they were coveted wedding bouquets. “Become aware of your thoughts. Everything starts in your mind and what you believe will be your reality.”

The antidote to the chattering mind and negative self-talk is mindfulness and meditation, said Schmidt.

The 140 women in attendance sat with rapt attention taking it all in quietly yet intently. There was a short guided meditation by Schmidt and then we were asked to write a letter to ourselves that began: “I am your clarity - and this is what I want you to know.” The letters purpose was to get in touch with our own inner guidance and greatness.

We also heard other pearls of wisdom that can shape (or take away) your joyfulness in life. “Lack of clarity can put the brakes on your journey to success and Doubt is the mother of all obstacles.”

We were asked to question every time we have self-doubt and to realize that our failings and frustrations were gateways to inner peace and joy.

There are no earthly words for the magnitude of Schmidt’s ability to impart wisdom as a way to inner peace. We are lucky to have someone like her in our midst.

The next workshop in the series is “The Power of Your Story” on Nov. 11. and “How to Stop Anxiety from Controlling Your Life” is on December 6th.

Workshops are offered through the Christine E. Lynn Women’s Health & Wellness Institute in the Dawson Theater at Boca Raton Regional Hospital.

To register go to the Boca Raton Regional Hospital events page or call 561-955-7227.

Breast surgeon joins medical staff of Women’s Institute at Boca Regional

Staff report

Dr. Kerry-Ann McDonald, MD, was recently appointed to the medical staff of the Christine E. Lynn Women’s Health & Wellness Institute (LWH- W3) and BocaCare Physician Network. She specializes in benign and malignant breast disease.

Dr. McDonald is a board-eligible breast surgeon. She received her medical degree from the University of Rochester School of Medicine and Dentistry in Rochester, New York. She then completed her General Surgical Residency at the University of Pittsburgh Medical Center in Pittsburgh, Pennsylvania followed by a Breast Surgical Oncology Fellowship at Roswell Park Cancer Institute in Buffalo, New York.

“I look forward to collaborating with my colleagues at the Institute and being part of an accomplished multi-disciplinary team in breast health,” Dr. McDonald said. “My goal is to provide personalized, advanced surgical breast cancer care, with an additional emphasis on the emotional and educational needs of my patients and their families.”

Dr. McDonald is a member of the American College of Surgeons, American Society of Breast Surgeons, Association for Academic Surgery, Association of Women Surgeons and Society of Surgical Oncology. She has been published in such prestigious peer-reviewed publications as Annals of Surgical Oncology, Journal of Vascular Surgery, Molecular Medicine Reports and Proceedings of the National Academy of Sciences of the United States of America.
Throw your readers away: New procedure eliminates need for reading glasses

By: Marisa Herman Associate Editor

Marcy Javor didn’t want to go back to wearing glasses even if it was just for reading.

She had the LASIK procedure performed on her eyes about 15 years ago and said she noticed some of her eyesight deteriorating when it came to reading.

So, she made an appointment with Dr. G. Richard Cohen, who performed her LASIK procedure.

During that appointment, Dr. Cohen told her about a new procedure that she was a candidate for, KAMRA Corneal Inlay.

Once complete, she could throw away her readers for good.

“The fact that I wouldn’t have to wear glasses for reading would be the best thing in the world for me,” she said.

Next week, she booked the procedure and a day after the operation, she said her eyesight was already improved.

“The funny thing is everyone says there is nothing you can do to help with reading glasses,” she said. “The fact that this procedure is out there, it’s awesome. I would recommend it to anyone who needs reading glasses to get the procedure done.”

The procedure was invented about a decade ago, Dr. Cohen said.

“It’s based on simple optics,” he said. “If you peek through a pinhole you see better.”

The pinhole, he said, focuses the light rays onto the macular which is the center of the retina. The science behind it is over 100 years old.

Now, there is a modern day procedure to match the knowledge. So you can say goodbye to your readers or cheaters.

The KAMRA procedure was launched about four years ago. The company put it out to any and all ophthalmologists to perform. Dr. Cohen said there was not much success because there were not qualified doctors performing the surgery.

So, the company pulled it off the market and re-introduced it to a select amount of doctors familiar with the LASIK procedure and cornea surgery last year.

Dr. Cohen, who has practiced for the last 33 years, performs both procedures regularly. The company approached him about offering KAMRA last year and since he has performed about 70 procedures.

“We do have a lot of patients in the age range of 40-60 who are tired of wearing reading glasses,” he said. “It was a perfect fit for our practice.”

The procedure involves placing a special plastic polymer compatible with the eye that breathes in the cornea to create the small pinhole effect to help your eye see better.

The inlay design is based on the same concept as smart phone cameras – small aperture optics.

It sits in the first few layers of the eye known as the cornea. Smaller and thinner than a contact lens, the KAMRA inlay is a mini-ring with an opening — or pinhole — in the center. The inlay uses this pinhole to focus light coming into the eye. Working much like a smart phone camera lens, the inlay allows focused light to enter the eye for clearer reading vision and a more natural range of vision from near to far.

“It’s easy for the patient they just have to lie there,” he said. “It’s unbelievable technology.”

The procedure combats Presbyopia, a natural eye condition that is estimated to affect nearly 114 million people in the United States, which reduces the ability of the eye to focus on near objects.

“When with the Karma Inlay, golfers can hit their best long shot and then glance down to easily read a text screen on their cell phone, without having to put on glasses,” he said.

He said not all people will qualify for the procedure, which is considered elective and not covered by insurance.

He said if you have had LASIK you still can have KAMRA. You can also have both procedures performed at the same time.

The recovery time can take up to a few months to see the final results. The post recovery involves putting drops in your eyes for three months with the frequency of drops decreasing as time passes. He said the drops prevent any inflammation.

“It was easy,” Javor said. “It was 15 minutes and I was out the door. One day later and I am already seeing 20/20, it’s blurry of course, but I’m thrilled.”

Cohen Laser Vision Center is located at 3020 North Military Trail, Suite 150 in Boca Raton. For more information and to schedule an appointment with Dr. Cohen for a KAMRA Corneal Inlay assessment, call 561-981-8400, toll-free 877-COHENEYE.
The Dynavision D2 is a revolutionary diagnostic and rehabilitative tool. It works on visuo-motor, neuro-cognitive, and spatial skills as well as on a neurological process termed “efferent copy”. This process engages and integrates two very important regions of the brain; the cerebellum and frontal lobe. These areas of the brain are responsible for everything that makes us human such as problem solving, timing, sequencing, planning, initiating thought processes, and coordination.

The Dynavision D2 has been utilized in many studies including one in which the Conde Center For Chiropractic Neurology, the Upledger Institute, and the Ricky Williams Foundation collaborated on. This study neurologically assessed retired National Football League Players which had at least one concussion in their career. The results were astounding as the players displayed numerous deficiencies in brain activity.

The Dynavision D2 is used in the treatment of the following conditions:
- Dizziness-Vertigo
- Traumatic-Mild Traumatic Brain Injuries
- Post-Stroke
- Parkinson's Disease
- Multiple Sclerosis
- Autism Spectrum Disorders
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www.DelrayBrainScience.com

Faulk Center for Counseling honors locals with Community Impact Awards

Staff report
Boca Raton-based Faulk Center for Counseling will hold its annual Community Impact Awards on Nov. 8 at 6 p.m. at Broken Sound Club.

The awards recognize several individuals who help raise awareness about the importance of mental health and wellness.

This year, recipients of Community Impact Awards are:

- Pamela Higer Polani, Attorney at Law – Caring Heart Award
- John Crean, General Manager Broken Sound – Advocacy Award
- Hammock Pointe Elementary School, Faulk Center Schools Preventive Counseling Program Partner – Education Excellence Award
- Pam Leal, Yoga Teacher/Founder Yoga4B–Mental Health & Wellness Award

Ticket cost $100 per person. Proceeds provide free and low-cost mental health services to individuals of all ages. Programs include the Schools Preventive Counseling and Children & Family Therapy programs.
Youth sports and concussions: The argument for pre-season brain screening

By: Dr. John Conde, DC, DACNB Special to the Boca and Delray newspapers

A concussion is known as mild traumatic brain injury. It is most commonly defined as a head injury that momentarily affects brain functions. Concussions occur when an impact to the head or body causes your head and brain to move rapidly back and forth. This movement causes the brain to bounce around inside the skull creating chemical changes in your brain. If the impact is severe enough, neurons within the brain can be stretched and damaged producing a traumatic brain injury. The youth sports producing the most concussions are tackle football, boys’ ice hockey, girls’ soccer, and boys’ lacrosse. Here are some very interesting numbers concerning concussions and youth sports: 33 percent of all concussions happen at practice, 47 percent of all sports related concussions occur during high school football, 1 in 5 high school athletes will sustain a concussion during the season, 33 percent of high school athletes that sustain a concussion report 2 or more in the same year, 39 percent of athlete that have numerous concussions are shown to increase catastrophic head injury leading to more permanent impairment. To add to these daunting numbers is the fact that most athletes with concussions rarely lose consciousness therefore they may not be reported.

Many youth and recreational organizations and high schools are implementing programs to assess for the baseline brain activity of their athletes prior to the start of the season. In essence, a snapshot of the athlete’s brain function is taken prior to the athletic competition so as to be able to compare neurological function after a concussion and determine the amount of injury sustained. These tests also provide a baseline marker for objective “return to play” benchmarks. This takes away the subjective reporting of a child which in many cases cannot even accurately describe what they are feeling. Because concussions are much more difficult to quantify than a ligament tear or fracture, traditional imaging such as MRI and CT are not fruitful. However, there are now several evidence-based technologies available to assess and treat these concussions.

Headache, dizziness, disorientation, confusion, sleep disturbance, nausea, and irritability are all symptoms associated with concussions however the challenge is in the quantification process. The management of the concussion has to be organized into a pre-season assessment, incident report and comparable, treatment, follow-up assessment, and return to play. The piece we are going to look at here is the pre-season assessment. This is going to be composed of the neurological aspects that are most commonly seen injured in athletes with concussions. These are postural stability, working memory, reaction/processing times, set switching, learning, and dynamic and static visual acuity. Norms have been established for age groups and gender which makes comparing relatively easy. Once the data is collected and areas of deficiency identified, treatment is implemented and can be very precise. The child is then re-examined after the course of treatment and then allowed to “return to play” if the benchmarks have been reached. The equipment that is gaining the most notoriety for the assessment and treatment is the C3Logix software and the Dynavision D2. Next time your child plays a sport come in prior to the season to get a baseline assessment to ensure his or her brain health.

The Conde Center is also hosting a Conde Vestibular Disorders Support Group for those with dizziness and balance problems held at our office on Nov. 7 at 5:30 p.m. with light refreshments and snacks.

Dr. John Conde is a Board Certified Chiropractic Neurologist, one of only one thousand in the country. He holds diplomate status through the American Chiropractic Neurology Board. He provides specialized care for difficult cases of back neck pain, numbness-tingling, vertigo-dizziness balance disorders, fibromyalgia, migraines, AD/HD, autism, and dyslexia. His office is located at the Atlantic Grove in Delray Beach, FL and can be reached at 561-330-6096, drconde@thecondecenter.com, and at www.thecondecenter.com
World-Class 4-Concert Series

January 7 - 21
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February 18 - March 4
Stunning vignettes featuring re-stylized versions of your favorites. You’ll fall in love with the music all over again.

January 27 - February 5
In a rare US appearance, this Israeli superstar delivers a magical evening of international music, backed by a full orchestra.

February 11 & 12
An authentic and exciting multimedia experience with spot-on vocals and instrumental artistry.

January 27 - February 5
In a rare US appearance, this Israeli superstar delivers a magical evening of international music, backed by a full orchestra.

February 11 & 12
An authentic and exciting multimedia experience with spot-on vocals and instrumental artistry.

March 11 - 25
Four amazing tenors brought together for an unforgettable evening of Broadway, Pops, and Opera.

March 5
Backed by a full orchestra, we welcome back this renowned multi-instrumentalist for a thrilling classical performance.

March 11 - 25
In a rare US appearance, this Israeli superstar delivers a magical evening of international music, backed by a full orchestra.

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Boca's Guardian Defense provides active shooter training for local businesses

By: Marisa Herman
Associate Editor

Steve Smith has responded to several mass shootings as a SWAT team member of the Fort Lauderdale Police Department. Now, he is training local business owners and school administrators and staff on how to be the first responders if an active shooter enters their place of business.

After the Sandy Hook Elementary School shooting in Dec. 2012, Smith and his wife Taylor, who had a newborn and a 2-year-old at the time, said they wanted to do something to help people learn how to respond to active shooter situations.

“It emotionally broke us down,” he said of the school shooting. “We are both parents. I knew something had to change.”

So, he began researching how he could help prepare other people for these incidents, which were becoming more commonplace.

He created Boca Raton-based Guardian Defense in Nov. 2013 with his wife—a company that equips people with confidence and empowers them to respond to active shooter situations, he said.

He is still a full time law enforcement officer and a leader of the SWAT team. He responded to the mass shooting at the Fort Lauderdale airport and at Marjorie Stoneman Douglas High School.

But when he isn’t on the clock at that job, he is in local businesses and schools helping create policies, action plans and conducting workshops to help teach employees how to be first responders in an active shooter situation.

He said by the time law enforcement arrives to a scene, it is usually over. So, he devised a plan and program to implement at businesses so they can learn how to respond.

“Imagine you have never been through a fire drill and then buildings keep catching on fire,” he said. “We built a safety plan. Our mission is that we come in and we build policies and procedures and train all the personnel that you are the first responders.”

He said the company’s services range from an hour workshop, an all day course with practical drills, up to a six month in depth review and implementation of safety guidelines. Services begin at $800 and can go up to $10,000 for an entire policy and procedures plan.

Smith said their service is not a “check off the box” type program.

“It’s a life skill you’re learning,” he said. “We want you to take it home to your families. It’s not just a training day for that location.”

If you are interested in hiring Guardian Defense to come to your business, you can submit an inquiry online or call. They will go over what your needs are, what policies you have or don’t have in place and what fears and trepidations you may have about the topic.

Guardian Defense has given courses at several local schools including, Saint Andrew’s School, Boca Prep International School, St. Paul Lutheran School and Church, Boca Raton Christian School, Spanish River Christian School, Karen Slatey Educational Research Center and Pre-school at FAU, Ruth and Taubman Early Childhood Center at B’Nai Torah, Katz Hillel Day School, Children’s World Preschool and Katz Yeshiva High School of South Florida.

Courses have also been provided across the country. Recently, Guardian Defense traveled to Sacred Heart Catholic School in Poplar Bluff, Missouri.

Guardian Defense trains local businesses and school employees on ways to medically help if there is an active shooter. Submitted photo.

School in Poplar Bluff, Missouri.

Smith said the instructors who come out are all parents or grandparents who have a lot patience and will make sure all questions are answered.

“We want them to be self-sufficient and provide training for their personnel even when we are gone,” he said. “This has to be instilled and implemented just like a fire drill. We are building something that there isn’t a standard for.”

For school presentations, students are not present, he said. The training is for school employees. The business course goes over violence training and prevention and how to look for signs and triggers in employees, so people can know how to respond before something happens and possibly prevent an incident.

A portion of the course is dedicated to medical response. He recommended upgrading first aid kits to trauma kits by adding tourniquets and quick clotting medicated gauze that can stop arterial bleeding.

“The No. 1 killer in combat or in a situation like this is blood loss,” he said.

Participants spend time learning how to apply a tourniquet under stress.

“It’s about confidence and empowerment to have a plan and share the plan,” he said.

For more information, visit https://guardiandefenseplan.com or call 561-419-8869.

Guardian Defense trains local businesses and school employees on ways to act and help if there is an active shooter. Submitted photo.
Salt7 hosts 6th Annual Bachelor Auction— Cocktails for Canines

By: Brittany Tuorto  Contributing Writer

More than 350 people gathered together for the 6th Annual Bachelor Auction “Cocktails for Canines” held at Salt7 last month.

Each year, 10 hand-selected shirtless Bachelors strut down the runway as they compete to raise the most amount of money for the local, no kill shelter, Tri County Animal Rescue.

Special prizes and services were incorporated by the Bachelors in exchange for their support, such as personal training and gift cards. Season 12 Bachelor contestant, Chase McNary, received the highest bid of $2,100.

All proceeds made from silent auctions, fle tickets, and silent auctions go directly to the charity’s emergency medical expenses which includes a variety of vaccinations and surgeries.

This year the event raised the most amount of money to date with a total of almost $10,000.

Nicholas Milano, VIP Host at Salt7, participated in this event for the third year in a row.

“This is definitely the most successful charity event we put on,” Milano said. “We try to do as much as we can for the community even if it costs us extra time or money. It’s always been a great turn out.”

Pam Dubois event coordinator and volunteer expressed her gratitude, “I’m very grateful for what Salt7 has done over the years. Without donations, we can’t afford to give these animals the care that’s necessary. It costs money to save lives and that’s what we do.”

Schedule your next lawn care service through Lawn Love app

By: Marisa Herman  Associate Editor

Jeremy Yamaguchi has disrupted the lawn care industry with his company Lawn Love.

The Uber-like service is making its way to Boca Raton where you can receive an estimate for lawn care for your yard, schedule the service and pay for it all through Lawn Love’s website or mobile app.

Lawn Love founder and CEO Yamaguchi said his business is similar to Uber in the sense of how it changed the taxi industry. But different because instead of competing with all the small taxi companies, Lawn Love brings on mom-and-pop lawn care companies and equips them with technology to increase their workload and become more efficient.

“We partner with them and give them tools,” he said.

The company helps create job routes and clusters jobs together so lawn care can be provided effectively. The technology allows the companies to charge their clients on the spot rather than through an old-fashioned paper invoice.

“We bring this antiquated service to modern times,” he said. “The industry was stuck in the 20th century. I had the skills and wanted to build the solution.”

He said he mowed lawns as a kid and decided to put his software engineering and product development background to use in the lawn care field.

And with warm weather year round, he said Boca is an ideal market for his company to expand into.

He said Lawn Love is in 38 states and over 100 cities. The company has helped complete more than 300,000 lawn care jobs. He started the company, which is based in San Diego, Calif., in 2014.

The service enables its users to instantly schedule, review, and pay for various types of yard work through the use of a mobile app or website. The platform is powered by satellite imaging software which reviews a property and generates a quote in less than two minutes.

The technology eliminates the need to have to meet a lawn care worker at your home just for a quote before a service is even scheduled.

Lawn Love has recently partnered with other service providers such as TruGreen, “Yamaguchi said.

Each independent contractor goes through a rigorous background check to assess their level of lawn care experience before they can begin work.

Users can schedule a wide range of services including lawn mowing, weeding, aeration, gutter cleaning and more.

For more information please visit: https://lawnlove.com/boca-raton-fl-lawn-care
Happy Thanksgiving
From Divine Savior Academy

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Sports Immortals Museum features crown jewels of sports in downtown Boca

By: Ben Hirschman  Lynn University  Contributing Writer

Joel Platt, founder of Sports Immortals Museum, has spent seven decades and traveled more than a million miles to accumulate the most valuable collection of sports memorabilia in the world.

Dubbed by The Smithsonian Institute as “the most outstanding collection on all sports,” Sports Immortals Museum is a hidden treasure in downtown Boca.

When Platt was just 4 years old he was involved in a gas explosion, and while recovering from injuries he received, he said Babe Ruth visited him in a dream, urging him not to give up on his recovery and encouraging him to become a major league baseball player or build a museum for sports greats.

Platt went on to have a successful college career as a shortstop at Duquesne University, however injuries derailed his course to the major leagues. Though his hopes of becoming a major leaguer went out the window, he still had dreams of his museum in the rearview mirror.

Between 1960 and 1985, Platt purchased eight of the largest sports collections in existence.

“I was fortunate to be able to corner the market on sports collectibles before they became valuable commodities,” Platt said.

Platt’s museum collection includes all major sports. The museum houses hundreds of Muhammad Ali items including robes, gloves and shoes. He has Roberto Clemente’s bat from his rookie season, his 1971 World Series jersey when he was named MVP. The list goes on and on.

“Just about everything you could think of, from every great, we have,” he said.

Platt personally cultivated relationships with athletes, as well as the widows of sports greats with hopes of obtaining items, creating an outlet for these legends legacies to live on. As a result, he was in the position to obtain all of Jim Thorpe’s items from his third wife when she passed away.

“You can’t repeat what my father did in his journey today. You could probably redo the journey and come back empty handed,” said Jim Platt, Vice President.

Though none of the 30,000 items on display in the museum are for sale, 20,000 items are available for purchase in the memorabilia mart; it is a museum within a museum.

Though Platt has achieved his dream of preserving the sports greats, his mission is nowhere near complete. Platt has big plans for his collection; he has hopes of developing an international hall of fame, sponsoring traveling exhibitions, and creating a sports curriculum with a major university.

Sports Immortals Museum is located at 6830 North Federal Highway in Boca. Visit sportsimmortalsmuseum.com for more information.
The dates for our Summer Wine Dinners for $49 are 11/6, 11/27
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Financial journey of modern parenting: Joy, complexity and sacrifice

Staff report

Parents in the U.S. now spend $500 billion annually on their 18- to 34-year-old adult children – twice the amount they contribute each year to their retirement accounts, according to a new Merrill Lynch study conducted in partnership with Age Wave. The study also found that nearly two-thirds of parents report having sacrificed their own financial security for the sake of their children. Even with the financial challenges and sacrifices, over 90 percent of parents say that parenting is the most rewarding aspect of their lives.

We sat down with Rachel Barzilay, CAP®, CFP®, CRPC®, Managing Director, Wealth Management Advisor and Senior Portfolio Manager with Merrill Lynch Wealth Management in Boca Raton, to discuss the study and its findings.

Why was this study conducted?

Of the 173 million parents in the United States today, 76 million care for children under 18. While 89 percent of all parents agree there is “no normal” when it comes to parenting, there are common patterns as the journey unfolds. “The Financial Journey of Modern Parenting: Joy, Complexity and Sacrifice” takes an in-depth look at the financial and emotional journey of contemporary parenting. This study marks the third in a multi-year research series from Merrill Lynch and Age Wave that examines five distinct life stages: early adulthood, parenting, caregiving, widowhood, and end of life/legacy.

The study surveyed more than 2,500 respondents in the United States who are over 18 and a parent to one or more children – biological, adopted or step – of any age. Seventy-nine percent of parents to adults 18 and under 25, when asked, report giving at least some financial support to their children. Ninety percent of parents to adults 18 and a parent to one or more children – biological, adopted or step – of any age. Seventy-nine percent of parents to adults 18 and under 25, when asked, report giving at least some financial support to their children. Seventy-nine percent of parents to adults 18-24 report giving at least some financial support to their children.

What would you say is the key take-away from this study?

Parents of infants and toddlers say they act primarily as nurturers and protectors, and the majority (52 percent) say this is the most rewarding stage of parenting. The most challenging phase is with middle to high school-age children, when parents help their kids move towards independence by playing a variety of roles, including teacher, cheerleader and ATM. As children become independent adults, parents become advisors and friends, and often financial supporters. The role is ever-changing, which is one of the reasons financial advice over the course of a child’s lifetime can help protect parents from financial mistakes.

It is also worth noting that today, 73 percent of people factor finances into their decision to become a parent. In contrast, in the 1980s, only one-third of people took finances into consideration when starting a family.

What is the hidden economy of ongoing support for adult children?

Parenting is truly a lifelong financial commitment. The greatest challenge parents face with adult children is maintaining strong relationships with their children – and there are often financial ramifications of this desire to stay connected. Each year, parents spend twice as much on adult children than they contribute to their retirement accounts, $500 billion and $250 billion respectively. Thirty-one percent of early adults live with their parents, a figure that is 50 percent higher than in 1960, and higher than the percentage who live with a spouse today. Seventy-nine percent of parents to adults 18-34 say they’re giving at least some financial support to their children.

What can parents do to prepare?

The costs of parenting are surprising and steep. The average cost of raising a child to age 18 is now estimated to be over $230,000. Financial journey of modern parenting: Joy, complexity and sacrifice

Dizzy Rock features No. 1 singer at re-opening

By: David DiPino Contributing Writer

An eclectic collection of pop-culture furniture with fancy rugs, chairs, couches chairs and paintings can be found at Dizzy Rock on Federal Highway.

During a recent re-grand-opening, local South Technical Education Center teacher Bonnie Jo-Hertz enjoyed going to Dizzy Rock on Federal Highway. Photo By: David DiPino

“Dizzy Rock is a collection of life gorilla just near the front door. It’s worth a stop at Dizzy Rock just to take a fun selfie with the gorilla. Dizzy Rock is also known for its unique wallpaper and upholstery prints.”

At the re-opening, Australian recording artist Lee Coulter flew in from his home base in the San Diego music scene to croon to local families on his undersized but big sounding acoustic guitar.

Coulter recently had a No. 1 hit in Australia and New Zealand and climbed to No. 37 on iTunes with his single “You Have to Walk Through This Store a Few Times to See Everything.”

Dizzy Rock is a collection of life gorilla just near the front door. It’s worth a stop at Dizzy Rock just to take a fun selfie with the gorilla.

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Collins leads Mac and Cheese Diner forward
Local eatery finds unique path to Boca

By Ethan A. Pond Lynn University Contributing Writer

On March 5, 53-year-old Dan Collins was named I Heart Mac & Cheese’s president and chief development officer. Collins was tasked with bringing the company to another level of dining.

Collins’ responsibilities include strategizing, planning, managing and marketing. His main focus as an executive is to ultimately expand this restaurant into a chain. Currently, I Heart Mac & Cheese has five locations across Florida, including numerous spots in Broward County and one in Boca Raton.

“Michael Blum was my dining chef. He discovered that mac and cheese was the most requested item on his menu and decided he wanted to do a full-service restaurant based around it,” said Collins on the initial concept of his restaurant.

The first location was established in Fort Lauderdale, where Collins brought on business partner Steve Giordanella. The new addition to the team changed it up to a fast-casual model.

“Near the end of last year, they decided they wanted to get into franchising, so they brought me on in January as a consultant and partner,” said Collins. “That’s how I got to be president and chief development officer.”

Collins’ goals mostly focus on the expansion of his franchise, not just country-wide but worldwide.

“In six years, our goal is to have about 200 restaurants across the country [while going] international,” said Collins. “We’ve secured contractors that are licensed in every state. We have everything that we would need in order to be a successful franchise store.”

Having meals that connect customers to their pasts is of great importance to the story of I Heart Mac & Cheese. While all restaurants utilize the power of comfort food to attract customers, Collins’ company has managed to use their namesake as a focal point.

“The mac and cheese signage definitely gets them in the door,” said Collins. “People come in to find we have mac and cheese sandwiches, specially-created tater tots and tasty salads. Even better, we have healthy options in addition to our indulgent options.”

I Heart Mac & Cheese’s menu is comprised of numerous items with the customer’s needs in mind. The restaurant serves meals like “lobster and white truffle mac,” baked mac and cheese sandwiches and “mac n’ cheese pizza.”

“Franchises look for simple operations that are profitable. When I saw how small this was, how the food was fantastic and how simple the operation was, I knew that this was a winner for franchising,” said Collins.

To keep tabs on all of the progress Collins and his team are making, the company can be found on social media as @IHeartMacandCheese. Individuals can also visit their website at iheartmacandcheese.com for their menu, hours and locations.
Biz Briefs

Business owners on east side of Delray host Holiday Beachside Stroll

Don’t stop at the Intracoastal bridge while you are shopping on Small Business Saturday.

Head to the east side of the Intracoastal waterway from 11 a.m.-7 p.m. on Nov. 24 for the Holiday Beachside Stroll. “The Holiday Beachside Stroll is a partnership among the merchants East of the Intracoastal waterway,” said Chris Carey, Manager, Sara Campbell. “It’s a way to visit new shops featuring unique items for you or someone on your holiday list. This year, patrons can enjoy shopping on Small Business Saturday, walking along the beachside with holiday décor, sweet treats, curbside entertainment, caroling and maybe even an appearance from old St. Nick as you enter the boutiques. While it is a new tradition, it’s one that will grow among families for years to come. We, along with the assistance of the DDA, wanted to showcase the variety of small businesses that the beachside has to offer.”

Petro Andreadis joins Prediq Media Group as Chief Growth Officer

Boca Raton-based Prediq Media, a digital marketing agency, has hired Petro Andreadis as Chief Growth Officer. In his new role, Andreadis will be responsible for creating strategic growth plans for current clients, forging new business relationships, acquiring and developing new talent and furthering the company’s mission. “I am very excited to join this leadership team, as I’ve worked with Prediq Media on a number of projects in a multitude of capacities throughout the years,” said Andreadis. “I truly believe in Prediq Media’s culture, purpose and approach to client success, and I look forward to the journey ahead with our amazing clients and team.”

Divine Savior Academy opens Delray Beach campus

Divine Savior Academy recently opened the doors of its Delray Beach campus during a ribbon cutting ceremony and open house. President of Somerville Architects Mike Kadow, Chief Executive Officer of Burke Construction Tony Burke, Executive Director of the WELS Church Extension Fund Scott Page, President of Divine Savior Ministries Carlos Leyrer, as well as Divine Savior Governing Board members and officers, Divine Savior Academy and Church administration, faculty, staff, and families of Divine Savior attended. “We are so excited to be a part of the community of Delray Beach, and we are confident that our beautiful facilities, supportive faculty, excellence in education, and loving, supportive Christian environment will serve our students and families well for years to come,” Director Alison Kolander said. Divine Savior Academy operates a network of schools that serves students in preschool, elementary, middle, and high school on its four campuses in South Florida and Texas. DA’s network is part of one of the largest private school systems in the United States, one that has operated highly-regarded schools for over 150 years. Divine Savior’s mission is to provide college-prep academics, supportive teachers, and a Christian environment to share Christ’s love with students and their families. Working as a multi-site system has allowed Divine Savior to develop excellence in systems, curriculum, and teacher training and development in order to support their schools in its mission. Divine Savior’s campus in Delray Beach will serve students in preschool and elementary school. The campus itself has 41,600-square-feet of educational space on 10 acres of land.

The Academy’s new, modern building features a library-media center, an auditorium with a performance stage, and an indoor play area in addition to large, light-filled classrooms. The grounds include a playground, parking and a future recreational field.

Shop Small downtown Delray

Downtown Delray Beach shops, salons, spas, art galleries and other small businesses invite you to “shop small” on Small Business Saturday, Nov. 24.

Small businesses comprise 93 percent of businesses in downtown Delray. Shop Small Business Saturday is a nationwide movement to celebrate small businesses, while helping communities to thrive and stay vibrant. American Express created this national shopping day event for cardholders and merchants to encourage people to shop at small businesses. Participating businesses will be distributing branded Shop Small giveaways provided by American Express, while supplies last, as well as celebrating “Shop Small” in various ways such as with refreshments and special in-store promotions.

Visit the Shop Small Hospitality Booth where customers who spend $50 at a Downtown Delray Beach small business can receive complimentary gifts and Shop Small giveaways, while supplies last. The Shop Small Hospitality Booth will be in Pineapple Grove by the Banyan tree in front of Addison Gallery, 206 NE 2nd St., from 10:00 a.m. – 2:00 p.m. and in front of Hands Office & Art Supply, 325 E. Atlantic Ave. from 2:00 p.m. – 4:00 p.m.

Snap a selfie in your favorite Downtown Delray Small Business(es) using #DownTownDelray & SmallBizDelray and help share the love for our small business community.

Already sold-out Boca Raton Mayors Ball to honor local individual, nonprofit, business

Awards.

This year, Jerry Fedele will be honored at the Boca Raton Mayors Ball: Jerry Fedele, Daniel Cane of Modernizing Medicine, Donna Biase and Debbie Ellman of Best Foot Forward. Photo by Gina Fontana.

Those lucky enough to snag a ticket to the fourth annual Boca Raton Mayors Ball before they sold out, will see the presentation of the George Long Awards.

Named for the city’s first appointed mayor in 1924, the awards recognize a person, nonprofit and business that have “championed the tradition of bringing indelible visionary ideas and transformation to Boca Raton.”

This year, Jerry Fedele will be honored for the individual category, Best Foot Forward for nonprofit and Modernizing Medicine for business.
A MAGICAL, FESTIVE NIGHT THE WHOLE FAMILY WILL ENJOY!

Young, local performers will open the festivities, followed by headliners Orleans along with Special Guests! The event culminates with performers leading a sing-a-long to “Silent Night” and the lighting of candles throughout the audience!

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Death or Glory celebrates holiday cheer with Miracle Pop-Up Bar

By: Natalya Jones  Contributing Writer

Time to take out the ugly “sweater” and reindeer ears: it’s almost the most wonderful time of year, and Death or Glory is celebrating yet again!

Miracle, the Christmas-themed pop-up bar, will take place for the second year in a row at the Delray hot spot, located at 116 NE 6th Ave. But Santa isn’t making just one stop: Miracle on Rosemary will open right below The Palm Beach Improv in City Place at 550 South Rosemary Ave., Suite 158.

Here, guests can enjoy seasonally themed cocktails amongst festive decorations. Some fun cocktails include the Christmas Carol Barrel (Aged Rum, Aquavit, Amaro, Pumpkin Pie, Demerara Syrup, Lime, Vanilla, Angostura Bitters), the And A Partridge In A Pear Tree (Reposado Tequila, Pear Brandy, Mezcal, Spiced Demerara Syrup, Lime, Egg White, Club Soda, Angostura Bitters, Cinnamon) and the Snowball Old Fashioned (Gingerbread Bourbon, Wormwood Bitters, Lemon Zest). Joann Spiegel and bartender Nico de Soto of Mace and Danico are the curators of these libations.

All drinks will be served in Cocktail Kingdom®’s custom Miracle glassware, which include anything from mugs to coupes, highballs and rocks glasses. At Death or Glory, barflies can purchase glassware with 10 percent of all sales donated to Action Against Hunger. However, it doesn’t just stop at liquid fun. Some food items with hilarious monikers include Festivus for the Rest of Us (Baby lettuces, honeycrisp apples, dried cranberries, candied pecans, goat cheese, cinnamon ginger apple cider vinaigrette), Yellow Snow Balls (Crispy “Cheetos” seasoned chickpeas), Lotta Sap in Here! (Fried/shaved brussel sprouts, rye whiskey maple caramel, maldon sea salt), and more.

Both locations will have miracles launch Friday, Nov. 23 through New Year’s Eve Dec. 31. Miracle on Rosemary will be open noon to 1 a.m. while Miracle at Death or Glory will be open every day from 4 p.m. to 2 a.m. Visit miraclepopup.com or call Death or Glory at 561-808-8814.

Wellington taco hot spot Don Chepo’s opens in Boca Raton

By: Marisa Herman  Associate Editor

Wellington restaurateurs have expanded a popular Mexican concept to West Boca Raton.

Don Chepo’s Taco Shop has opened its doors at 6897 SW 18th St.

This is the second taco shop concept by chef and owner Dustin Parfitt and his partner Juan Gando. The original opened last year in Wellington.

“We decided to do another Don Chepo’s just because of the success in Wellington,” Parfitt said.

The duo said the restaurant specializes in homemade, street-style tacos with fresh corn tortillas.

“We make our own tortillas,” Parfitt said. “We went real authentic Mexican.”

They smoke their meats with a smoker and can accommodate vegetarians, vegans and those with gluten allergies.

Parfitt got into the restaurant business as a waiter when he was in school. He made his way into the kitchen when the cook didn’t show up one day at a restaurant his friend owned.

He made his way into the kitchen to help and then began his culinary career. He worked at the Breakers Hotel in Palm Beach for several years as well as other local restaurants.

He teamed up with Gando when they were working together and decided to open their own restaurant. Over the years they have had eight different restaurants.

This one is the first outside of Wellington.

“We are excited to come to Boca,” he said. “It’s our first time coming out of Wellington. We are trying to expand and grow.”

The name of the Mexican restaurant is after the meaning of Don Chepo, he said, explaining it’s a cool, older guy that you look up to.

Parfitt recommends the steak tacos, Tacos al Pastor and the tamales. On Tuesdays, you can try all the tacos for $2 a piece for Taco Tuesday.

For more information, visit www.donchepos.com.
Delray local creates nonprofit to help those with Post-Concussion Syndrome

By: Shaina Wizov Contributing Writer

It's not every day that a local fitness center's Director of Group Exercise decides to start his own nonprofit organization; but after years and years of struggling down his own dark path and finally finding relief, Ohio native and Delray Beach resident, Bill Dorton, knew this was his calling.

He founded Head Injury Treatment Corp (H.I.T. Corp) in September and is dedicated to helping improve the quality of life for those who suffer from Post-Concussion Syndrome (PCS).

Dorton had a successful sports career in both football and track, but it wasn't an easy road. His involvement in these contact sports sustained him with multiple head injuries throughout his youth, preventing him from continuing to play football in college.

Dorton spent years in the dark, suffering from the pain of his concussions, often referred to as the “invisible injury,” and has experienced firsthand how much it can control a person's life. It was only recently that he found himself surrounded by medical professionals who were able to get to the root of the problem, and treat his actual injury rather than other doctors who just focused on treating the surface symptoms.

Thanks to his experience with Plasticity Brain Centers, located in Orlando, Dorton can think clearly and focus again, and no longer suffers from constant confusion and discomfort. Now that he knows what it's like to live a life of normalcy again, he wants to bring this feeling to others who are currently suffering the way he did for so long.

H.I.T. Corp's mission is to help open the doors to an improved quality of life for those suffering from this invisible injury, who may not have the means to find help themselves.

There are 1.6-3.8 million cases of sports-related concussions every year, and 90 percent of them go unreported, meaning those who've gone through these head injuries are not receiving the medical attention they need, nor the proper care or treatment required. What's worse is that living with an untreated concussion can lead to risk of life-threatening conditions such as depression and lack of mental clarity.

H.I.T. Corp believes that quality of life should never have a price tag. Through the generous donations and support from others, H.I.T. Corp aims to bring those who suffer back to the life they knew before their injuries.

Joining Dorton on his nonprofit board are Jarrett Solimando and Brad Chapman, both of whom have sports backgrounds and have experienced or seen how a concussion can severely affect one's day-to-day life.

These three Delray locals are committed to raising funds to provide those who are experiencing the after-effects of concussions with all of the necessary treatment at a top choice facility focused on head trauma and brain injury recovery.

To donate, visit http://hitcorp.org/, and follow on Facebook to find out details on upcoming fundraising events.
Boca's economic development report

By: Jessica Del Vecchio Economic Development Manager
Special to the Boca and Delray newspapers

Cosmetic Solutions

We were lucky to sit down with Warren Becker, the COO of Cosmetic Solutions to learn why they call Boca home. Cosmetic Solutions is a globally recognized, private label skin care manufacturer based in the Park at Broken Sound. Their products are available in country clubs across the US, as well as in Sephora, Ulta and Nordstrom. To tour their 65,000-square-foot manufacturing plant and see the facility in action was beyond impressive. We have a clip of our visit on our YouTube channel, which can be found at City of Boca Raton – Office of Economic Development.

Boca Make the List

Niche.com conducted their annual list of Best Suburbs to Live in Florida. The rankings are based on a comprehensive assessment of the overall livability of an area. The study takes into account several key factors of a location, including the quality of local schools, crime rates, housing trends, employment statistics, and access to amenities. These categories are selected in an attempt to measure the overall quality of an area. Out of the 351 municipalities analyzed, Boca Raton ranked No. 13 on the list.

Boca also ranked on the “Best Neighborhood” list. This analysis included cities throughout Dade, Broward and Palm Beach counties. The list considered variables including, public school grades, nightlife, overall safety and whether the area was good for families. Boca Raton took the 10th spot in the tri-county region.

Business Briefs

With a 63.7 percent increase in sales for 2017, Orangetheory Fitness was named the fastest growing franchise in the nation.

Phoenix Tower International continues to grow at an incredible pace. Now one of the fastest growing tower companies in the US, they recently acquired another 451 wireless communication tower sites from Digicel in Jamaica.

With a gross revenue in 2017 of $5.41 million, Boca’s Cardplatforms, LLC takes the No. 4 spot on Florida’s Fast 100 list. Also on the list is Modernizing Medicine – which is one of only two companies in the State to go six-for-six on the Florida Fast 100 list.

All three “Key Sales Transactions” in Palm Beach County last quarter took place in Boca Raton. These deals included the Boca Raton Innovation Campus, ADT’s headquarter building and 900 Broken Sound Parkway. These sales equated to investments totaling $245,025,000.

Lynn University student creates ‘Cheeky’ swimsuit line

By: Ali Mancini & Chelbie Olivier-Smith
Lynn University Contributing Writers

Boca Raton resident Olivia Duval created her own swimsuit line Simply Cheeky Bikinis in 2014.

For the first two years after Simply Cheeky launched, Duval handpicked every pattern, color and design while hand making every bikini.

The 20-year-old Lynn University student is originally from Connecticut and grew up watching her mother make a living stitching together her own drapery business.

“My mother is ultimately my best friend, she’s taught me how to market myself, while also assisting me in ways that I could improve my company,” she said. “Without her background of being able to sew, I probably would not have been able to pursue this.”

Duval was inspired to create her swimsuits true to size after being out on the court for beach volleyball. Duval wants to be able to provide women with affordable, high end swimwear while also feeling confident in their body and self-image allowing them to embrace their curves.

“The motto that I have created for my brand is ‘liv cheeky’ because wearing comfortable bathing suits while feeling beautiful is a lifestyle. Be you, don’t let anyone change you nor care about what anyone thinks,” said Duval. “I can keep up with competition because we are fair priced, and a nice product.”

Duval has a website where her bikinis are featured online, ready for purchase while also conducting pop-up events all throughout the coast of Florida. Duval has worked events for beach volleyball tournaments ranging from young girls to adult females, emphasizing that her bikinis are made for every one. Full coverage bottoms are offered for her younger and older less cheeky customers. Duval is constantly offering discounts when she is at her events and offers discounts online.

“We are not currently in stores, but that is our next step. I want to be able to put my bathing suits in a store without a huge up-charge, but still allow myself and the store to make a profit,” said Duval. “At the end of the day, I plan to conquer the world, one cheek at a time.”

For more information on Duval’s swimsuit line or any retail opportunities, visit www.simplycheekybikinis.com or on Instagram at simplycheekybikinis.
Habitat for Humanity of South Palm Beach County hosts VETERANS BUILD

Staff report

Help honor veterans during Habitat for Humanity of South Palm Beach County’s VETERANS BUILD on Nov. 9.

Part of the city of Boca Raton’s Veterans Day festivities, join more than 200 volunteers working on transforming 10 homes in the New Pines neighborhood.

The build is sponsored by Boca Raton-headquartered Vertical Bridge and grant funding from the Home Depot Foundation.

The day will kick off with welcome remarks by Mayor Scott Singer, U.S. Col. Guard ceremony and introductions of veteran homeowners will start the day at 8 a.m. prior to all volunteers joining crews from VETERANS BUILD.

Between two revitalization shifts, the volunteer appreciation lunch program will feature keynote speaker Retired U.S. Air Force Lieutenant Colonel Melvin Pollack, the POW detained for years during the Vietnam War in an adjoining cell to Senator John McCain.

Pollack, who was shot down over Vietnam on his 78th combat mission in July 1967 and captured a few weeks before then Navy pilot John McCain, will share about their friendship during the Veteran Build lunch program. Their relationship began in 1968 when they met “through the wall” that separated their adjoining cells as POWs.

Pollack currently serves on the Boca Raton Airport Authority, is board president of Boca-based Vets Helping Heroes that was started by another POW to provide service dogs to active duty military and retired vets.

One of the Boca Raton veterans participating is John Brown, a Philadelphia native who at the age of 19 in 1968 joined the military aboard the USS Independence where he served as an electrician during the Vietnam War.

Upon their relocation to South Florida, John and his wife, Iola noticed that there was a lot to be done for the Pearl City community in Boca Raton and were determined to give back. In 2001, Brown began to build houses with Habitat for Humanity SPBC.

Serving as Vice-President of (DISC) Developing Interracial Social Change Organization he was able to build a bridge where different groups of people could unify and fight social barriers together.

Iola worked alongside John to build long-lasting homes and made it her mission to provide the children with educational tools by helping establish what is today known as: The Boys and Girls Club at Sand Pine Park, where the VETERANS BUILD welcomes the volunteers.

Advance registration is required to participate. The volunteer builders will be working under the guidance of Habitat construction professionals. For safety reasons, volunteers to spruce up, paint, landscape, must:

- be age18 years or older
- email volunteer@hfhboca.org and reference VETERANS BUILD
- wear closed toe shoes, long pants; Veterans Build t-shirts will be provided.
- arrive by 8 a.m. at Sand Pine Park, 300 Newcastle St.

Rick and Pat Howard of Boca’s Sklar Furnishings named ‘Retailer of the Year’ by Home Furnishings Association

Staff report

Rick and Pat Howard, owners of Sklar Furnishings in Boca Raton recently took home the 2018 Retailer of the Year Award by the Home Furnishings Association (HFA) at HFA’s Insights Conference in Minneapolis.

HFA is the largest retail home furnishings association in North America with more than 1,400 members operating more than 7,000 stores.

Celebrated for exhibiting “exceptional examples of philanthropy, technology, customer experience, mentoring, sustainability and store design/merchandising” and nominated by members of the home furnishings industry, HFA’s annual Retailer of the Year award winners are selected by a panel of judges of the Association’s board of directors, HFA members, manufacturers, service providers/suppliers and members of the industry media.

The HFA recognized the Howards’ vision for their “16-year-old contemporary lifestyle branded store that is the culmination of a life-long passion for design, interior architecture and furniture.”

“We are so honored with this coveted industry recognition and thank the Home Furnishings Association, our impassioned Sklar team, all our creative and dedicated industry partners, our supportive community in which we live, work and play, and of course, our valued customers,” said Rick Howard, co-founder and president. “We have always known that to be successful in retail you have to sell more than just products, you have to positively impact the community you live in, your staff work in, and your customers call home.”

Sklar Furnishings is open seven days a week: Monday-Saturday, 10 a.m. to 6 p.m.; Sundays Noon to 6 p.m., and evenings by appointment. The 22,000-square-foot center is located at 6300 North Federal Highway, Boca Raton, FL 33487. For more information, visit www.sklarfurnishings.com or ask for a Sklar Furnishings Design Associate at 561-862-0800.
What’s up in the real estate market...

Kaufman Lynn Construction breaks ground on its largest project


Kaufman Lynn Construction (KL) recently broke ground on JM Family Enterprises’ $150 million headquarters renovation and expansion in Deerfield Beach.

The state-of-the-art campus is slated for completion in 2021. It is the largest project KL has undertaken in its 29-year history.

Over three years, seven of the campus’ existing buildings will be demolished, three existing buildings will remain, and eight new structures will be erected, including three office buildings, a two-story dining hall, 20,000 square foot sports complex, 55,000-square-foot conference and training center, and 900-vehicle parking garage.

The new open-style campus will be complete with a café, collaboration space, outdoor central plaza, fountains and walkways to encourage a connected work environment and appeal to new generations of professionals who prefer open space to cubicles.

Delray mortgage banker arranges $6.72 million of financing for retail center in Melbourne

Chris Romer of Dockerty Romer & Co., a RECA member, has arranged permanent mortgage financing in the amount of $6.72 million for an anchored retail property located in Melbourne.

The property, known as Constellation Commons Shopping Center, is a newly constructed 94.5 percent leased 42,668-square-foot anchored retail center.

The property is positioned along the west side of Wickham Rd. in the heart of Melbourne. The anchor tenants include Goodwill and Dollar Tree, the property also has an outparcel that includes Einstein Bros. Bagels and T Mobile.

Dockerty Romer & Co. arranged the financing through Deutsche Bank on behalf of their clients DMB Constellation Commons, LLC. Deutsche Bank provided a competitive 10 year, fixed-rate mortgage.

“Both the borrower and lender worked very well together in an effort to reach a successful outcome,” Romer said. “Deutsche Bank provided an excellent debt structure which will allow our client to execute on their long-term business plan for this asset.”

St. Andrews Country Club home closed for more than $5.8 million

Sale is 2nd highest home sale at the club in the last decade

Steven Seigel, Director of Luxury Sales at Dettman Realty Group LLC, in partnership with Aaron Buchbinder of BEX Realty, recently announced that their sale of the home belonging to Mr. and Mrs. Jared Perlin at 17308 White Haven Drive at St. Andrews Country Club in Boca Raton, closed for a record-breaking $5,862,500 to an unnamed buyer.

“We were able to negotiate an amazing deal on behalf of our buyers for one of the largest homes and best lots in St Andrews,” Seigel said. “With the help of my team, the clients were able to see the potential in this property where other buyers couldn’t because of the very specific style the previous owners had chosen for the home.”

The European-inspired estate has 6 bedrooms, 8 bathrooms and totals 13,962-square-feet under air.

The home is situated on .89 acres with 475 feet of panoramic lake front and golf course views. The home functions seamlessly for entertaining and comfort and features:

• Custom architectural elements and designer finishes
• Marble and wood floors throughout
• Stunning ceiling treatments
• Classic wrought-iron circular stairway
• Outdoor living room and garden terrace
• Infinity pool in a resort-style oasis
• Custom-designed home theater
• Family room with pub
• Billiard room
• Grand master suite wing with rich wood paneled library
• Second office

Stream Lang Realty TV 24/7

Lang Realty recently launched Lang TV (www.langrealtytv), a lifestyle real estate channel that streams worldwide online 24/7.

The channel features South Florida’s finest agents, real estate, lifestyle activities, interior design, travel, country club living and more.

“As marketing platforms continue to evolve, this innovative format is designed to provide our agents with a competitive advantage in connecting with potential home buyers, sellers, other agents and local businesses throughout South Florida,” said Scott Agran, president of Lang Realty.

Each week a new show or segment will broadcast starting each Monday. The line-up includes:

Showcase of Homes with host Oliva Hollaus who will take viewers on a breathtaking journey through South Florida’s most spectacular properties for sale and meet the agents that represent them.

Luxury Living at The Oaks with Lisa Hindin & Brian Bahn. Viewers will get a peek behind the scenes at The Oaks to meet the staff, learn about the amenities and get a personal inside look at some beautiful homes for sale.

Luxury Living at DelAire Country Club with Jim Pappas and Paul Rivda. This show will feature DelAire Country Club and its amenities such as tennis, golf and restaurants, as well as 4-5 homes for sale in the community.

The Luxury Living series will be an on-going 30-minute special featuring a different country club or community.

Produced by BYL Network, Lang TV Lang TV can be viewed across all Smart TV’s, Roku, Apple TV and from any internet connection around the world by logging onto www.langrealtytv.
Boca Council to address Wildflower & Silver Palm parks in November

By: Diane Emeott Korzen Contributing Writer

Residents look at two conceptual plans for Boca’s waterfront parks. Photo by Diane Emeott Korzen.

The next step for conceptual design of Silver Palm and Wildflower waterfront parks is to present a detailed design “bottled together” at a November Boca City Council meeting.

“Some of you may remember us from presenting the Master Plan for the Waterfront Parks, EDSA Principal Designer Kona Gray told a roomful of residents at a Sept. 26 public input meeting on Silver Palm Park held at the Downtown Library. “We did a full workshop and design process with Wildflower Park last year. This year, we’re looking at Silver Palm Park. Once we agree on what the concept is for Silver Palm Park, we will overlay the Silver Palm ideas onto the overall design for the two parks. The connector under the Palmetto Park Bridge is key,” Gray continued, describing it as a cool space, with public art potential.

Coastal Project Administrator for the City of Boca Raton Jennifer Bistyga said the city has put the funds into its 3-year Capital Improvement Plan for Fiscal Years 2020-2021 -- the target date for shovels in the ground on both parks.

The city has allocated: Silver Palm Boat Dock -- $50,000 in FY 18-19 and $1,500,000 in FY 19-20; Wildflower Park --$1,000,000 in FY 18-19 and $2,000,000 in FY 19-20.

The Waterfront Master Plan has monies budgeted for all five years. $1,200,000 in FY 18-19; $650,000 FY 19-20; $1,100,000 FY 20-21; $1,000,000 FY 21-22; $1,000,000 FY 22-23; $1,000,000 FY 23-24.

During a 45-minute presentation, residents were first presented with Concept 1 and Concept 2 for Silver Palm Park; then asked to speak publicly and/or write in their comments on a Silver Palm Park Concepts questionnaire, which was then collected.

Residents were asked to check off design concepts they liked for each option, and to check off whether they preferred Concept 1, Concept 2, or a blended concept. By a show of hands, Concept 1 gained close to unanimous support in the room.

“This park [Silver Palm] has a function that we really need in the city,” resident Bill Tinke said. “We need more truck and trailer parking. I'm not for a promenade. We can go to other parks for that.”

One of the main reasons why the majority of the public liked Concept 1 is it has more parking -- 53 total trailer spaces compared to Concept 2 with 39 total trailer spaces. Both concepts showed 24 trailer spaces plus varying amounts of grass overflow parking: 29 grass overflow spaces with Concept 1 vs. 15 grass overflow spaces with Concept 2.

Concept 1 has a picnic area to watch the boats; as well as shade sails overhead on the waterfront to provide relief from the sun compared to Concept 2 which has a shade structure.

Concept 1 shows parking in a single loop while Concept 2 has multiple drive isles.

Concept 1 has a boat washing station near the center planting area compared to Concept 2 with boat washing near a south planting area.

Concept 1 shows a large green park space in the middle while Concept 2 has three separated green spaces in the middle.

Concept 1 has one pedestrian path across the center green space compared to Concept 2 with two pedestrian paths – one along the north green space; the other connecting middle green spaces.

Currently there are two boat ramps. There is discussion about adding one to two more boat ramps and more docking space – as there is not enough parking.
Uptown Boca breaks ground on apartments, movie theater, grocery store

Staff report

Uptown Boca, which plans to bring 456 luxury apartments in a 150,591-square-foot mixed-use project is underway.

Construction on the $200 million pedestrian-friendly, mixed-use development began last month during a groundbreaking ceremony on the 38-acre site at Glades Rd. and 95th Ave. South in West Boca Raton.

The development team of Giles Capital Group, Rosemurgy Properties and Schmier Property Group in partnership with Wheelock Street Capital celebrated the occasion with more than 100 guests including Palm Beach County Commissioners Mary Lou Berger and Steven Abrams, U.S. Rep. Ted Deutch and President of West Boca Community Council and Chair of the Palm Beach County Zoning Commission Sheri Scarborough.

“We are pleased to bring a quality development project like Uptown Boca to this community,” said Alexander S. Rosemurgy, CEO of Rosemurgy Properties. “With no new significant development in over two decades, this type of lifestyle component is long overdue in West Boca. It will truly create the complete shop, dine, live experience that this area deserves.”

Uptown Boca will feature a Lucky’s Market, Silverspot Cinema, Bolay, Chick-fil-A, and a variety of other shopping and dining options. Retailers are projected to open in summer 2019 with multi-family available in early 2020.

The Uptown Boca groundbreaking ceremony was followed by a reception featuring a “Taste of Bolay and Chick-fil-A.”

“This project is an especially meaningful project for us because we grew up in Boca Raton, and we are now raising our own children in this community,” said Brian Schmier, CEO of Schmier Property Group. “We feel privileged and excited to be able to bring such a unique, upscale destination to West Boca.”

For leasing information, please visit www.uptownboca.com.
Delray Beach Housing Authority begins next phase of affordable housing

Staff report

The Delray Beach Housing Authority is continuing on the next phase of Village Square, which will feature 54 affordable townhomes for sale.

The 3-acre site was purchased in 2004 in partnership with the City of Delray Beach and Community Redevelopment Agency for $762,000 including legal fees and title work, for the purpose of creating homeownership for low and moderate-income families.

The plans include a mix of 2 and 3 bedroom units ranging in size from 1,410-square feet to 1,650-square feet under air conditioning with garages. The homeowners will enjoy a cabana and pool as recreational amenities, and all units will gain access from the rear through an improved alleyway, providing security and privacy for the individual owner.

DBHA is currently in the planning process, preparing to submit for Site Plan Approval and building permits. It is estimated that construction will begin within the next 12 to 18 months.

“Our properties provide low-income working families a place to call home,” said housing authority president Dorothy Ellington. “By providing families with the space they need and services that help parents and their children thrive, we help build communities.”

According to the U.S. Department of Housing and Urban Development, families who pay more than 30 percent of their income for housing are considered cost burdened and may have difficulty affording necessities such as food, clothing, transportation and medical care. An estimated 12 million renter and homeowner households now pay more than 50 percent of their annual incomes for housing. A family with one full-time worker earning the minimum wage cannot afford the local fair-market rent for a two-bedroom apartment anywhere in the United States.
Beware of wire fraud

By: Christel Silver
Special to the Boca and Delray newspapers

Mail and Wire Fraud is a crime when you use email or electronic communications media to defraud, regardless of success.

Why am I writing about this? A Realtor friend just witnessed a terrible experience. In a closing for a $450,000 cash transaction, the title agent told the buyer that they did not receive their funds and they could not close. The buyer established with the confirmation number that the funds had been wired on time, just to find out that the email with instructions for the wire from the title company had been hacked and was sent to a similar email with instructions to a fraudulent account number.

The seller may have lost some money and the inconvenience of marketing the house again. But the buyer just lost $450,000. Can he recover the money? Maybe. I do not want you to get scammed for $1000 or $450,000. So be aware and be cautious.

The Realtor should advise each client not to wire funds before verifying the information personally via a phone call with the recipient. The Florida Association of Realtors’ added an addendum of wire fraud warning. If you are a Realtor®, please make use of it each time your client needs to wire funds in a transaction. (WFPN-1)

There are some measures from the government to reimburse lost money caused by a scammer. So, if you did lose money through a scam, immediately report it to the FBI.

You can find more information on FTC website. ([https://www.fcc.gov/](https://www.fcc.gov/))

If you use the ATM machine, you have to have a code to succeed with your transaction. If I transfer funds from my Credit Union account online, they send me a code via text, voice mail, or email, which I have to enter to validate the transfer.

A validation and authentication should be added before a wire is sent. The digital technology has brought us many consumer benefits, but unfortunately it also increased fraud.

Educate yourself and protect yourself. There are insurance companies who can protect you, for a fee, but you can also use personal caution to prevent a disaster.

About Christel Silver
Christel Silver is a full time Broker/Owner of Silver International Realty servicing the East Coast of South Florida. In 1985 she was licensed in Maryland and Washington DC as a Realtor and later as a Certified Residential Appraiser and Associate Broker and has been in Florida since 2001. The National Association of Realtor’s (NAR) President appointed her (2010-2014) and again for 2018 as the President’s Liaison to Germany, where she grew up and worked at the Justice Department for 17 years prior to coming to this country. The Germany Real Estate Organization (IVD) has an agreement with the NAR and she is an International member of this organization. Christel is a Certified International Property Specialist (CIPS), and a certified speaker teaching CIPS classes. Ms. Silver served the Florida Certified Residential Specialist (CRS) Chapter as President, as Regional Vice President helping Chapters to grow, and as a member of the Board of Directors for two years. She served previously as an ambassador. Fifty percent of her business is in the International arena. For more information visit www.silverhouses.com.

Ask an expert: Your condo, HOA questions

By: Harris B. Katz, Esq.
Special to the Boca and Delray newspapers

Q: My HOA has a two-year contract with a handyman that calls him an independent contractor. The contract says he will maintain liability and workers’ compensation insurance and furnish us with a copy of his county contractor’s license annually. I found out that he does not, in fact, have any workers’ compensation insurance and he does not have a county-issued license of any kind. The board is unaware of the situation but is unconcerned. They say that under the law he doesn’t need to carry a workers’ compensation insurance because he doesn’t have any employees. I worry that we’re taking on unreasonable risk because the board is unwilling to do the right thing. If he gets seriously hurt on the property, I think we would be facing potentially disastrous consequences.

H.T., Boca Raton

A: Unfortunately, without additional information about what kind of work he is performing on the property and without knowing what his company is licensed to do, I cannot provide you with a specific response. However, I can provide you with some observations. First, as a general rule, employers conducting work in the State of Florida are required to provide workers’ compensation insurance for their employees. Specific employer coverage requirements are based on the type of industry, number of employees and entity organization. For a company engaged in the construction industry, workers’ compensation insurance is required if there are one (1) or more employees, including the owner of the business. For a company not in the construction industry, the law generally requires that it have four (4) or more employees, including the business owners. So, regarding your handyman, it would really hinge on what he is doing and which category he falls under for us to answer the question of whether he would be required to have workers’ compensation insurance. But, your board’s assumption would be incorrect to assume that just because he does not have employees that he absolutely does not need to carry workers’ compensation insurance. That being said, your concern about what happens if the handyman gets hurt on your property is well-founded. A property owner can be sued if a contractor is injured while on the property. Based upon the fact that your handyman does not have workers’ compensation insurance, the association is opening itself up to potential, unnecessary liability. When a contractor does not have proper insurance coverage, the property owner may be assuming the risks for their work mistakes and any injuries that may occur on the property. If, as you stated, the contract requires that he have the proper insurance and fails to do so, the board should take proper steps to ensure that he complies with the terms of the contract or consider hiring a new handyman who does carry the appropriate insurance, regardless of whether such contract language exists.

Harris B. Katz, Esq., is Managing Partner, Boca Raton, of the Law Firm Goede, Adamczyk, DeBoest & Cross, PLLC. Visit www.gadclaw.com or to ask questions about your issues for future columns, send your inquiry to: question@gadclaw.com. The information provided herein is for informational purposes only and should not be construed as legal advice. The publication of this article does not create an attorney-client relationship between the reader and Goede, Adamczyk, DeBoest & Cross, PLLC. or any of our attorneys. Readers should not act or refrain from acting based upon the information contained in this article without first contacting an attorney, if you have questions about any of the issues raised herein. The hiring of an attorney is a decision that should not be based solely on advertisements or this column.

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Real Estate. REDEFINED.
Design concept chosen for Boca National golf course

By: Diane Emeott Korzen Contributing Writer

Boca National Golf Course will feature an 18-hole course with a nine-hole short course, driving range, new clubhouse and a learning center/training facility.

The design for the course was selected during the third public input meeting held by the Greater Boca Raton Beach & Park District.

The board unanimously selected the design that was recommended by the Price Fazio architect team.

Vice President of Nick Price Golf Course Design Wayne Branthwaite said this design made the most sense and appealed to a wider audience. All the amenities are close to the clubhouse: the nine holes, the 18 holes, the driving range and hotel. He called it ‘the option that meets all the [Beach & Park District’s] goals.

Branthwaite, who hails from South Africa, was once a Certified Golf Course Superintendent. After building a few courses in Asia, Branthwaite joined Gary Player’s design firm for a few years before he was hired full-time by Nick Price.

Fazio called the 80-acre northwest parcel the most ideal for a new clubhouse – compared to two smaller parcels: a 72-acre east parcel and a 62-acre west parcel where the old maintenance facility and clubhouse were located.

After waiting on permits to begin demolition of the old buildings, the Beach & Park District received the permits last month and a perimeter fence has gone up, according to Assistant Director Briann Harms. The hotel, clubhouse and maintenance building will be demolished by a subcontractor of MDS Builders Inc., the company that is working on the Swim & Racquet Center.

At the Oct. 11 regular meeting, the Beach & Park District discussed two additional items involving the golf course. 1) Potential acquisition of additional property on Jeffrey Street and 2) Landscape Improvement of Boca Teeca Entry.

The property in question is a .8 acre property at 5910 NW 2 Avenue, on the northeast corner of Jeffrey Street (east portion of the golf course). It was appraised at $660,000 but the owner is asking $850,000. The property was the sales office of Boca Teeca and has an enlarged parking area. However, it is currently being used as a winter residence for the owner.

Following the meeting, the board was in favor of having Executive Director Art Koski explore with the city their serious interest in abandoning Jeffrey Street east of 2nd Avenue, and finding out if they would agree to a rezoning (from residential to commercial) if the Beach & Park District were to purchase the property.

Regarding landscape improvements to the Boca Teeca Entry – the east portion which the District is responsible for, and the west portion which the city is responsible for as part of an Interlocal Agreement – Koski said the District was already obligated to maintain its portion, and pays somebody to mow the grass.

“I’d like to see us improve both sides of the entrance with some type of landscaping improvement to benefit residents and the golf course,” he said.

After discussion, Koski was given the go-ahead to get landscape ideas and cost estimates from Branwaite’s team.

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A sit down with Stephen Chrisanthus: Reggie Dee

By: Stephen Chrisanthus Special to the Delray Newspaper

This month I wasn’t physically able to sit down with my guest, but I was able to catch up with Delray Beach community outreach superstar and WMBX DJ Reggie Dee on his cross country walk for unity and positivity, to talk about why Delray Beach is not only a great place to live but an active community for impacting the lives of our children and residents.

Why did you choose to walk across the entire United States?

To help raise awareness of the unity and positivity that is needed in our communities. I’m also reaching people with positive messages through social media across the country. To not just talk about it, but show the people and places that exist right outside their own neighborhoods and what they can achieve.

How does what you’re doing translate locally?

I’ve always been highly involved in the Delray Beach Community, and try to help bring awareness to local causes. I try to reach as many people as I can, especially children, with positive messages. As a DJ I have covered everything from local football games, celebrity bowling and basketball tournaments, police events, charity events of all sorts… I’m now trying to get national attention and relay my experiences back home to Palm Beach County.

Aren’t you especially involved in helping children?

I have a background that troubled kids can relate to. I speak at juvenile detention centers, rec centers and schools trying to inspire kids to be the best versions of themselves. Be polite, dress right, have self-respect and respect for others. I’ve been in their shoes and I don’t want them to make the same mistakes I did.

I know you are very active within the whole county, but what makes Delray Beach so special?

Delray has a lot of community involvement; you can see that people care about Delray. It takes effort and the Delray Police are out in the community, and so are the other government departments. Delray has black neighborhoods and white neighborhoods mixed together that are peaceful and respectful. We need even more of that. You can be on Atlantic Avenue and grab an ice cream, hit a club or just walk the strip, and there is no drama.

So how long have you been on this walk?

I set off from the MLK Memorial on Flagler in West Palm Beach one morning in August and will end this November in Seattle, Washington, 90 days and 3,300 miles later. I’ve climbed mountains, winded down state routes and met a lot of amazing people. You can follow me or donate to the cause on WalkForUnity.com. I’m also on the air daily on local stations. When back in Palm Beach County you can catch me on x102.3

Besides Florida of course, what has been your favorite state?

Colorado. The people are so genuine and nice. It’s such a clean state and the scenery is breathtaking.

What would you like to see more of back here at home?

I’d like to see public figures held more accountable, and work more with the kids. We need more support for our schools, far more supplies and educators need to be recognized. Also, I would like to see a stronger bridge between the police department and our kids. When I return I plan to continue to do my part and become an even bigger influencer in helping unite communities and spread positivity.
Spady Museum to showcase Miami-basted, Haitian artist Edouard Duval-Carrié

**Sister exhibit presented at the FAU Schmidt Center Gallery**

**Staff report**

Head to the Spady Cultural Heritage Museum or Florida Atlantic University’s Schmidt Center Gallery this month to see works from Miami-based, Haitian-born artist Edouard Duval-Carrié.

Duval-Carrié creates colorful, socially and politically-oriented narrative art that channels his knowledge and fascination with Haitian history, spiritual beliefs and folklore.

For “Decolonizing Refinement: Kingdom of this World,” his art is combined with historical artifacts related to Florida’s agricultural labor history, borrowed from south Florida regional historical collections.

Different artifacts from “Decolonizing Refinement: Contemporary Pursuits in the Art of Edouard Duval-Carrié” will be on display at the FAU Schmidt Center Gallery and at the Spady Cultural Heritage Museum – as a two-part, sister exhibition.

Spady Museum’s show will run from Saturday, Nov. 10 through Friday, April 26, 2019; the FAU’s show will run from Friday, Nov. 9 through Saturday, Feb. 2.

The Spady Museum will hold a special “Ride and Remember” Bus Tour on Saturday, Nov. 10, 2018, which allow riders to enjoy both exhibits in one day. The tour will begin at 11 a.m. with riders exploring the elements on display at the Spady, then boarding the bus to travel to FAU to experience the Schmidt Center Gallery’s elements. Cost for the tour is $35.

The project was devised by a team of art history scholars with Duval-Carrié at Florida State University, where a version of the exhibition was first presented this past spring.

The goal of the FSU art historians is to expand understanding of Caribbean visual culture and the arts of the African Diaspora by implicating the colonial heritage of Florida and the broader Southeastern U.S. in circum-Caribbean histories.

The exhibition employs Duval-Carrié’s recent works, which critique the Francophone history of Caribbean representation, as agents of “decolonization.” The Museum of Fine Arts at FSU organized the exhibition and published a catalogue with several essays by the FSU art historians and other scholars. Khaulah Naima Nuruddin, University Galleries, FAU Museum education coordinator, serves as curator for both the FAU and Spady Museum versions of the exhibition.

In association with “Decolonizing Refinement: Kingdom of this World,” FAU’s College of Arts and Letters will present a series of related public programs that will inaugurate the new Americas Initiative. The Initiative supports interdisciplinary research, and the comparative analysis of culture, history, society, politics, music, art, media, language and literature of the Americas, exploring the interconnections between North, South, Central America and the Caribbean. Learn more at http://www.fau.edu/artsandletters/galleries/

**IF YOU GO:**

New! Sister Exhibition: “Decolonizing Refinement: Kingdom of this World” – Miami-born Duval-Carrié’s art is combined with historical artifacts related to Florida’s agricultural labor history, borrowed from south Florida regional historical collections.


Nov. 9- Feb. 2 at the Schmidt Center Gallery on Florida Atlantic University’s campus, 777 Glades Road, www.fau.edu/galleries

**Special Exhibit Ride and Remember Bus Tour**

11 a.m.- 1 p.m.

Saturday, Nov. 10, 2018

$35 per person

Location: At the Spady Museum to Florida Atlantic University

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**Delray resident awarded scholarship from Arrow Exterminators**

**Staff report**

LeChara Pryor of Delray Beach was recently awarded a scholarship from Arrow Exterminators.

The scholarship program was open to Arrow team members and their dependents who were either graduating high school seniors or enrolled in a college program. The applicants were asked to write a short essay on what has surprised them the most about the Pest Control Industry.

LeChara is entering her junior year at Florida International University where she is working to obtain her bachelor’s degree in arts in psychology. She has served in leadership positions in many multi-directional groups on campus including Treasurer of the Black Student Union (BSU), a Research Assistant for FIU’s Mental Health Interventions and Technology Lab. She aspires to one day earn a PhD in clinical psychology.

Arrow Exterminators created the scholarship programs for Arrow team members and their family to encourage personal and professional growth. The money awarded is specifically designed to assist students with their higher education expenses and facilitate their path to pursuing a career.

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**Delray DDA wins Flagler Award**

**Staff report**

The Delray Beach Downtown Development Authority (DDA) was recognized with a 2018 Flagler Award by Visit Florida at the Florida Governor’s Conference on Tourism in Orlando.

In recognition of outstanding achievement in Florida Tourism marketing, the Silver Award in the Special Event Category was presented to the DDA for the 2017 Delray Beach Fashion Week.
Here’s what we think...

readers:
Gone with the Wind
To Kill a Mockingbird
One Flew Over the Cuckoo’s Nest
Midnight Cowboy
The Graduate

The Sixth Sense
Crazy Heart
Rain Man
Sophie’s Choice
Dances with Wolves
Titanic
Forrest Gump
The Hustler

Kramer vs Kramer
Apocalypse Now
High Noon
Ben Hur
Lawrence of Arabia
Dr. Zhivago
In Bruges
True Lies
The Usual Suspects
Once Upon A Time In The West

The Good, the Bad and the Ugly
The Intouchables (France)
La Strada
What About Bob?
Toy Story 3
Les Infants du Paradise (France)
Swept Away (1974)
Seven Beauties
Spirited Away

Vera Cruz
The Artist
The Quiet Man
Bride of Frankenstein (1935)
Mad Love (1935)
Stagecoach (1939)
My Darling Clementine
Napoleon Dynamite
Millers Crossing
The Dark Knight

On the ballot part 2

By: former Boca Councilman Robert Weinroth

Last month, I began to outline a summary of proposals that will be posed to voters on the ballot this month.

To review the full language of the CRC proposals, go to http://flcrc.gov/PublishedContent/ADMINISTRATIVEPUBLICATIONS/CRCFinalReport.pdf

Here are the remaining questions you will face in November:

QUESTION 7 / CRC Revision 2:
If approved, a minimum vote threshold for university boards of trustees and the board of governors to impose or authorize a new fee or increase an existing fee would be established. It goes on to specify the purposes of the State College System and provide for the governance structure of the system; and establish the right of survivors of specified first responders and military members to death benefits.

The League of Women Voters of Florida offers the following analysis:

- Universities’ boards of trustees and the state Board of Governors would require a supermajority approval from their members to increase student fees or impose new ones;
- It would make the governing framework for state colleges a part of the Constitution;
- It would create a constitutional requirement for state and local governments to pay death benefits to first responders;
- It would expand the definition of first responders under state law to include paramedics and emergency medical technicians;
- It would require the state to provide death benefits to members of the U.S. military who are either residents of Florida or who are stationed in the state; and
- It would create a financial burden on local and state government from paying death benefits to a larger group of first responders and members of the military for which funding is not identified.

Approval of this revision is supported by the Association of Florida Colleges and opposed by the League of Women Voters of Florida; Florida Education Association.

QUESTION 8 / CRS Revision 3: (Removed)

QUESTION 9 / CRC Revision 4:
If approved, the revision will prohibit the drilling for exploration or extraction of oil and natural gas in specified state waters; and establish a general prohibition on the use of vapor-generating electronic devices in enclosed indoor workplaces.

This proposal is supported by the Florida Wildlife Federation; Gulf Restoration Network; American Cancer Society Cancer Action Network; League of Women Voters of Florida; and Florida Policy Institute; Progress Florida. Opponents include the Florida Petroleum Council; Associated Industries of Florida; Consumer Advocates for Smoke-Free Alternatives Association; Florida Education Association; and the Florida Chamber of Commerce.

QUESTION 10 / CRC Revision 5:

The proposed revision would require the Legislature to convene for regular session on the second Tuesday after the first Monday in January of each even-numbered year; establish the Office of Domestic Security and Counterterrorism within the FDLE; require, rather than authorize, the Legislature to provide for the Department of Veterans’ Affairs and prescribe its duties by general law and to remove the authority of a county charter or a special law to provide for choosing county officers in a manner other than election and to prohibit a county charter from abolishing county officers, transferring the duties of a county officer to another officer or office, changing the length of terms of county officers, or establishing any manner of selection of county officers other than by election.

This revision is opposed by both the League of Women Voters of Florida; Florida Education Association.

QUESTION 11 / CRC Revision 6:

The proposed revision would remove a provision authorizing laws that regulate or prohibit the ownership, inheritance, disposition, and possession of real property by aliens ineligible for citizenship; remove prohibition on the retrospective application of changes in criminal laws to punishment of previously committed crimes; and delete an obsolete Constitutional provision regarding the development of a high speed ground transportation system.

This revision is supported by the Florida Chamber of Commerce and opposed by the Florida Education Association.

QUESTION 12 / CRC Revision 7:

The proposed revision would create a new section of the State Constitution to establish certain restrictions for specified public officers and the judiciary regarding lobbying for compensation of another person or entity before certain government bodies and to prohibit the abuse of a public position by public officers and employees.

Supporters: Integrity Florida; Common Cause; and the Florida Policy Institute; Opponents: Florida Education Association, and the Florida Chamber of Commerce.

QUESTION 13 / CRC Revision 8:

Originally, a circuit judge struck the greyhound-racing ban from the ballot. However, the Supreme Court of Florida has reinstated the proposal.

If approved, the racing of, and wagering on, greyhounds and other dogs would be prohibited after a specified date.

Supporters: Grey2K USA and the League of Women Voters of Florida; Opponents: Florida Greyhound Association; Florida Education Association; and the Florida Chamber of Commerce.

QUESTION 13 / PBC School Question:

Shall the School Board of Palm Beach County have authority to levy 1 mill of ad valorem millage?

The money would, according the the School District of PBC, be dedicated to the operational needs of District public schools to fund school safety equipment, hire additional school police and mental health professionals, fund arts, music, physical education, career and choice program teachers, and improve teacher pay beginning July 1, 2019. The authority, if approved, automatically sunsets on June 30, 2023. Oversight over the expenditures would be the responsibility if an independent finance committee of citizens and experts.

The School Board has provided the following justifications for the request:

1. Enhance Public Safety:
   • Hire additional police officers and purchase additional safety equipment.
   • Hire additional mental health professionals – school counselors, social workers and psychologists – to support the social and emotional well being of student.

2. Keep Arts & Music Education:
   • Continue to fund over 650 Art, Music, PE, Health, Choice and Career education teachers.
   • Ensure there are no cuts made to existing teaching staff levels.

3. Improve Teacher Pay:
   Provide all experienced effective and highly effective teachers with a retention supplement based upon their years of experience.

   • 1 to 4 years of experience - $1,000 annual retention supplement;
   • 5 to 9 years of experience - $5,000 annual retention supplement;
   • 10 years of experience or more - $10,000 annual retention supplement

If approved by voters, these supplements will be in place for 4 years (FY19 to FY23) beginning in August of 2019.
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